



SAS CITY PORTRAIT

Karachi

3rd ed.

SAS SCANDINAVIAN AIRLINES



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All information given in this booklet is based on facts available in October 1969.



Front cover: Mehfil Shah-e-Khorasan Mosque, Karachi

Introduction

In the 18th century nothing but the small, insignificant fishing village of Kalachi-Jo-Goth stood on the site of what is Karachi today – the largest and most important city in Pakistan with a population of over 2 million. Since 1947 when it was chosen to be the country's capital, Karachi flourished and expanded at such an astonishing rate that it became necessary to build a new city, Islaamabad, some 720 miles to the North, to relieve some of the congestion. The seat of the government has now been moved to Islaamabad but Karachi remains still the ever expanding center of Pakistan's commerce and industry. With an ideal, natural sea port and a modern air terminal it has become an important meeting point for East and West.

Karachi has an atmosphere of vitality and activity which can't fail to impress you. Its top-class hotels, restaurants, nightclubs and modern shopping centers cater well to the international tourist and for the more sports-minded there are yachting and golf clubs, a modern race-course, deep-sea fishing, surfing and swimming along the nearby sandy beaches.

In complete contrast to this aspect of modern Karachi life the leisurely ways of the east are still very much in evidence. Camel and donkey carts line the busy streets side by side with scooter-taxis; horse-drawn cabs with the latest model cars. In the ancient bazaars and markets, age-old craftsmen are eager to proffer their delicate carvings, handmade carpets, brass and metal work. Fortune-tellers and snake charmers crowd every corner – living evidence that despite the rapid progress and advancement of the city old customs and superstitions die hard.



But discover for yourself. A visit offers a unique opportunity to see two very different worlds existing side by side – the mystery and charm of the old east blending with the excitement and sophistication of modern living.

Your arrival in Karachi

On arrival at Karachi airport an SAS ground hostess will meet you and escort you to the airport building where the health and customs controls take place. (See below.) Here you must produce your Health Certificate showing a valid smallpox, cholera and, if arriving from an infected area, yellow fever vaccination. Karachi is one of the most important air junctions in the world and if you are merely in transit you may leave your baggage at the SAS airport office. (Or, if there are dutiable goods in your suitcase, at the customs office.)

Entry regulations

Residents outside Europe may bring in, duty-free, 400 cigarettes or 200 cigarillos or 100 cigars or 500 grams of tobacco; 2 liters of wine or spirits and 2 liters of beer.

European Residents may bring in, duty-free, 200 cigarettes or 100 cigarillos or 50 cigars or 250 grams of tobacco; 1 liter of wine, $\frac{3}{4}$ liter of spirits and 2 liters of beer.

The airport building contains a bank where currency may be exchanged. The monetary unit in Pakistan is the rupee, divided into 100 pice.

The SAS coach will pick you up outside the airport building and takes you free of charge to your hotel or to the SAS City Terminal at the Hotel Metropole. If you prefer to take a taxi, the charge from the airport to a

Karachi hotel would be between Rs. 10 and 15 depending on the distance. A mini-cab (yellow top) costs half this amount.

Remember on arrival, it is important to reconfirm your booking for the SAS flight by which you intend to leave Karachi. You can do this either at the SAS airport office or by telephoning the downtown office, 51 61 86 or 51 58 60.

Hotels

Karachi hotels cater to every pocket. Should you choose a second class hotel, however, it is as well to remember that they do not always come up to the same standard of those in some other parts of the world. Most establishments provide air-conditioned rooms with private bath, and offer a choice of Western or Pakistani food. It is usually possible to obtain an ordinary room at 72 hours' notice but an air-conditioned room may be more difficult to get. In all cases it is wise to book in advance and your local SAS office or travel agency can make reservations for you. Either will assist you through the SAS Travel Planning Service and provide you with detailed information on both classes of hotel.

First class

Beach Luxury (B7)

New Queen's Road
Tel. 22 30 71

Hostellerie de France

Karachi Airport
Tel. 49501

Hotel Jabees (F6)

Victoria Road
Tel. 51 20 11

Hotel Karachi

Intercontinental (F8)

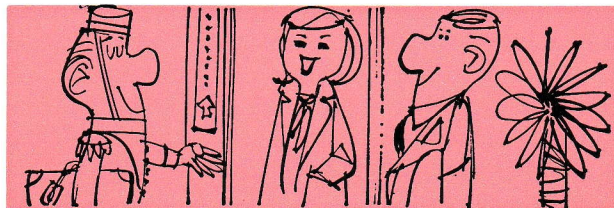
Kutchery Road at
Club Road
Tel. 51 50 21

Hotel Metropole (G7)

Club Road
Tel. 51 20 51

Midway House

Karachi Airport
Tel. 49571





Palace (F8)
Kutchery Road
Tel. 51 10 11

Second class

Central Hotel (F8)
Civil Lines
Tel. 51 10 94

Hotel Excelsior (F6)
Invararity Road
Tel. 51 13 86

Columbus Hotel (G9)
Clifton Road
Tel. 51 13 11

Expect to pay approximately Rs.41 to 84 for a single room and Rs.47 to 107 for a double room with private bath in any of the first class hotels. In the second class range, prices are as low as Rs.38 for a single room with private bath and full board.

Electricity: the voltage for electrical appliances is 220 A.C. 50 cycles.

Restaurants and cuisine

Although Western-style cooking may be enjoyed at a number of fine restaurants, you will also, no doubt, want to sample the exotic local cuisine. Pakistani food is rich, well-spiced and delicately flavored. Popular main-course dishes include chicken, meat and vegetable curries – for example pualo (rice cooked with meat plus an additive of saffron), biryani (rice cooked with meat), seekh kebab and tikka kebab (minced meat or meat pieces grilled on skewers) and zarda (sweet rice colored with saffron). It is, incidentally, customary to take chapatees or naan (Pakistani unleavened bread) with meat and curry dishes. High on the list of delectable desserts are Firni (powdered rice cooked in milk and flavored with rose and fruit syrups); Shahi Tukray, a rich and delicious bread pudding; and the abundant sweetmeats, the Pakistani equivalent of candy.

You will find meals, particularly those comprising Pakistani dishes, cheap by Western standards. Conversely, the price of liquor is so high as to be prohibitive, with the worthwhile exception of 'murree' the local beer.

For a typical midday meal you should expect to pay between Rs. 10 and 15, for a snack Western style Rs. 5 and 10.

The following guide to good eating places should prove of assistance:

Pakistani

Agha's Taverna (E7)
Near Dawood Centre

Cafe-de-Khan (I4)
PECHS Commercial Area
Tariq Road

Shezan's (F5)
Victoria Road

Hotel Farooq (F6)
Off Elphinstone Street

The Chicken Inn (G7)
at the Hotel Metropole
Club Road

The Shangrilla (F8)
Palace Hotel
Kutchery Road

The Arches (I4)
PECHS Commercial Area
Tariq Road

The Village (G7)
Adjacent to Palace Cinema

European/American

Nasreen Room & Chandni Lounge (F8)
at Hotel Intercontinental
Kutchery Road

The Busy Businessman's Buffet (B7)
at the Beach Luxury Hotel
Queens Road

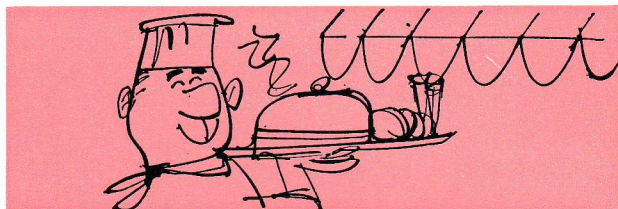
Chinese restaurants

ABC Restaurant (F6)
Elphinstone Street

Cafe Canton (I4)
PECHS Commercial Area
Allama Iqbal Road

Cafe Mandarin (off map)
Drigh Road (opp. Nursery)





Café Tung-Nam (I4)

PECHS Commercial Area
Allama Iqbal Road

Hong Kong Restaurant (F6)

Victoria Road

South China Café (F6)

Shahrah-e-Irap

Snack bars

Ampí's Restaurant (G7)

Opp. Hotel Metropole

Askers Pono (off map)

Drigh Road

Demi-Tasse (F8)

open 24 hours at
the Intercontinental
Kutchery Road

The Bistro (G7)

Hotel Metropole

Burmese restaurants

Mintha Restaurant (I4)

PECHS Commercial Area
Off Tariq Road

Indonesian

PIA-KLM Midway House

Karachi Airport

N.B. Tap water is not safe for drinking purposes unless boiled so stick for preference to bottled waters, soft drinks and beer.

Sights and excursions

Karachi and its surroundings are well explored by regularly conducted tours. Every morning at 9 a.m. Tuesday through Saturday a 3-hour tour of the city starts out from the Tourist Information Center, Central Hotel Building, Club Road, and later in the day there's a 3-hour city exploration commencing at 3 p.m. Both tours are operated with air-conditioned luxury coaches fitted with reclining seats, toilets, refrigerator, public address system and other amenities. There's also a Sunday city tour on air-conditioned mini-bus, taking in such landmarks as the Clifton Aquarium, the Art Gallery, National Museum,

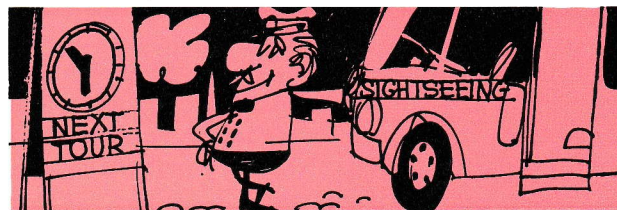
Quaid-i-Azam's Mausoleum, the bustling Bohri Bazaar and Elphinstone Street with its fine shops. Alternatively there's a Sunday Picnic Tour which starts at 9 in the morning and returns at 6 p.m. It embodies visits to a number of fascinating spots – Bambhore, Thatta and Kalri Lake – and includes a packed lunch and light refreshments. A similar tour with a similar itinerary also operates each day between Wednesday and Monday: duration 9 a.m. to 5 p.m. Bookings for all the above can be made at the Tourist Information Center (Club Road (G7), tel. 51 02 34) or through the SAS Office (Club Road (G7), tel. 51 61 86).

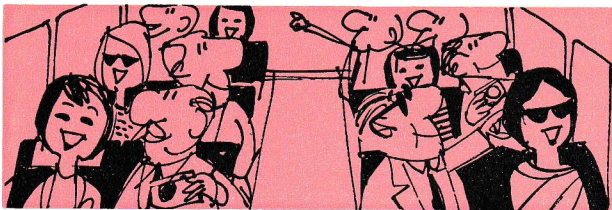
To add to the interest of your conducted tour and for those who prefer to explore alone, we have listed below some of the more important sights with map references in parenthesis.

City sights

Frère Hall and the National Museum (G7). Situated in Frère Hall (Bagh-i-Jinnah) the National Museum houses some fascinating ancient relics of the Indus Valley civilization and exhibits of Gandhara Art. Open weekdays 10 a.m. to 5 p.m. Monday to Saturday except Fridays. Entry fee. No charge is made on Saturdays. Frère Hall, one of the city's oldest buildings, is a fine structure. Built more than 100 years ago it commemorates Sir Bartle Frère, the first Commissioner of Sind (1847–58).

Zoological Gardens (F3). The city's well-stocked zoo, located on Garden Road amidst 33 acres of well laid out gardens and parks, possesses numerous known and rare species of tropical birds and animals and an interesting aquarium. Children can enjoy an elephant ride for 25 pice, or the fun of the swing park, while visitors of all ages will delight in sampling coconut milk and coconut meat, boating on an artificial lake, and various other pleasurable amenities. Open every weekday (Fridays ladies only). Admission fee.





Bohri Bazaar (F6). This is the most famous market-place in Karachi. Here from 9 a.m. to 8 p.m. you can browse or bargain for every kind of Oriental merchandise imaginable – colorful cloth, exotic sandals, Bokhara carpets, twinkling earrings and bangles, gold necklaces, camel saddles and glistening polished boxes inlaid with ivory.

Quaid-e-Azam's Memorial Museum (G4). The mortal remains of Mohammad Ali Jinnah, the founder and father of the nation, lie in this beautiful tomb still under construction. Visited by all foreign dignitaries and tourists alike, it is a must for every visitor to Karachi.

Karachi Race Course (H9). Karachi has an excellent race course where horse racing is held every Wednesday and Sunday.

Outlying interest points

If you've time to spare you'll enjoy a weekend visit to **Hawks Bay**, 15 miles (24 kms.) from Karachi, or **Baleji**, which is perhaps the prettiest of all Karachi's beaches. It should be noted, however, that the strong under-current sometimes proves a little dangerous for swimming, especially in the monsoon season.

Clifton, 3 miles (5 kms.) from the city, is the nearest beach washed by sea, an excellent picnic-spot with a long promenade pier, bordered by hanging gardens. Places of interest in this vicinity include the Pigeon Temple, a Muslim shrine with a sweet-water spring and the Municipal Aquarium.

Sandspit and Manora are also popular littoral resorts accessible by road or sea. A permit *must* be obtained from the Naval Headquarters for the use of the approach road and as it is far more pleasant to go to these places by boats manned by experienced local seamen, you will probably plump for the latter. It is an interesting trip, completely safe and comfortable.

Bambhore: 40 miles (65 kms.) from Karachi, historic Bambhore is still undergoing archaeological excavation. Research scholars identify Bambhore with Debal, the first city to be conquered by Muslim General Mohammad-Bin-Kasem in 711-12 A.D. Bambhore is best reached via the main Karachi-Hyderabad national highway.

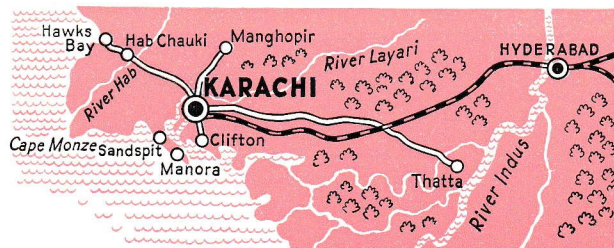
Thatta: For three centuries (1475–1737) Thatta was the Mogul capital of the former Province of Sind. Main attractions include the Badshahi Mosque built by the Mogul Emperor Shah Jahan, builder of the Taj Mahal, the ornate architecture, carving and colored tiling of the nearby Makli Hill tombs – one million of them spread over a graveyard 19 miles (30 kms.) long by 22 miles (35 kms.) wide, and a diverse abundance of game such as partridge, quail, duck and snipe. Thatta lies 60 miles (100 kms.) north on the main highway from Karachi.

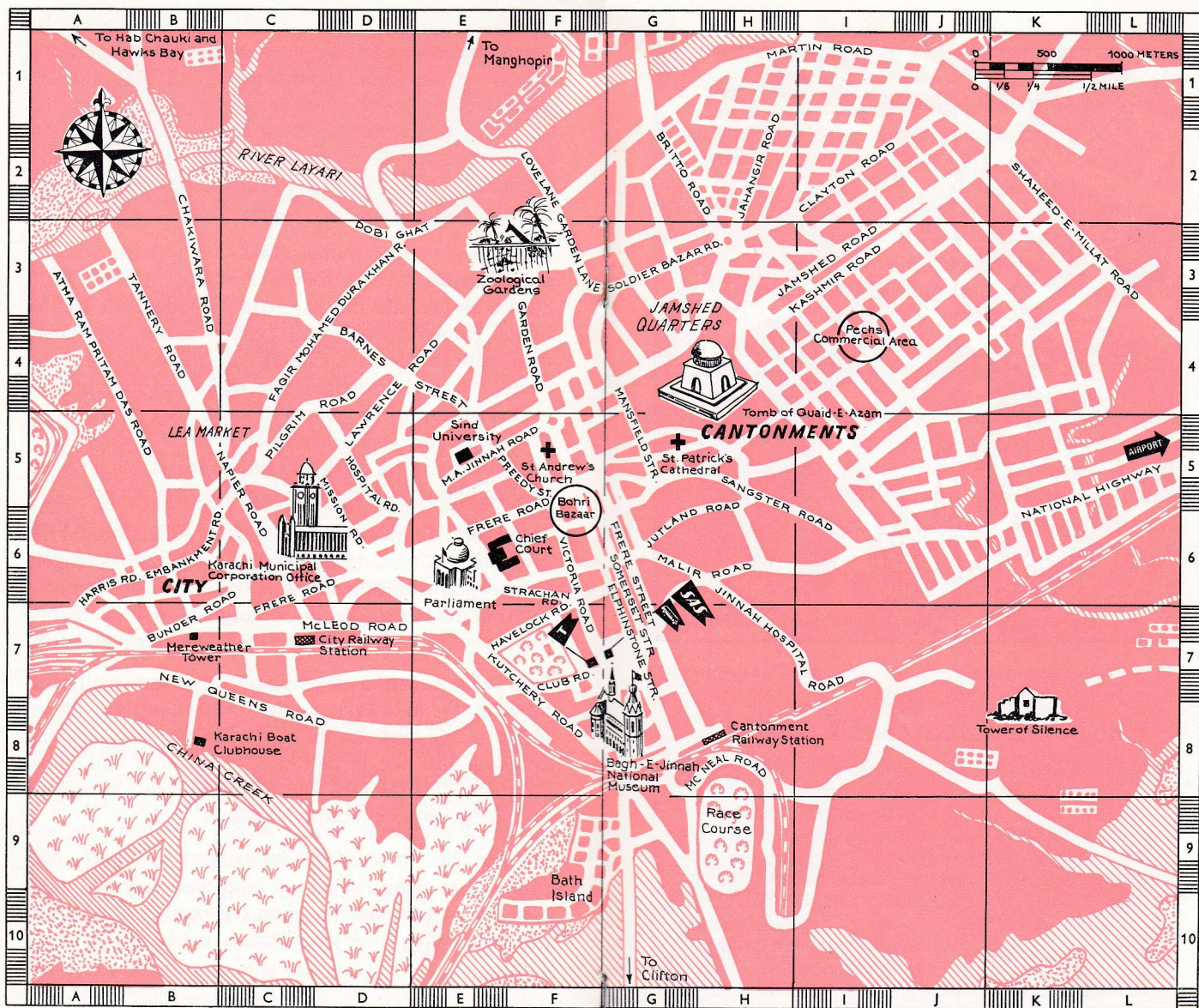
Chaukandi: 17 miles (27 kms.) east of Karachi stand the mysterious Chaukandi sarcophagi with their strangely shaped gravestones tapering upwards like the tomb of Cyrus in the Iranian Valley of Murghan, their decorative slab stones carved in relief with ornate equestrian motifs.

Kalri Lake: A man-made combination of two small natural lakes, the Kalri Lake and its surroundings provide an idyllic picnic area abounding in fishing and swimming potential and rich in partridge, quail, duck and snipe. Kalri lies 70 miles (114 kms.) from Karachi, the region offering good hotel accommodation.

Mangho Pir: 10 miles (16 kms.) west of Karachi, the shrine of Mangho Pir, a saint who died over 800 years ago, marks, too, the site of an enclosed pool of water accommodating some 20 alligators, the largest of which

(cont'd on page 15)








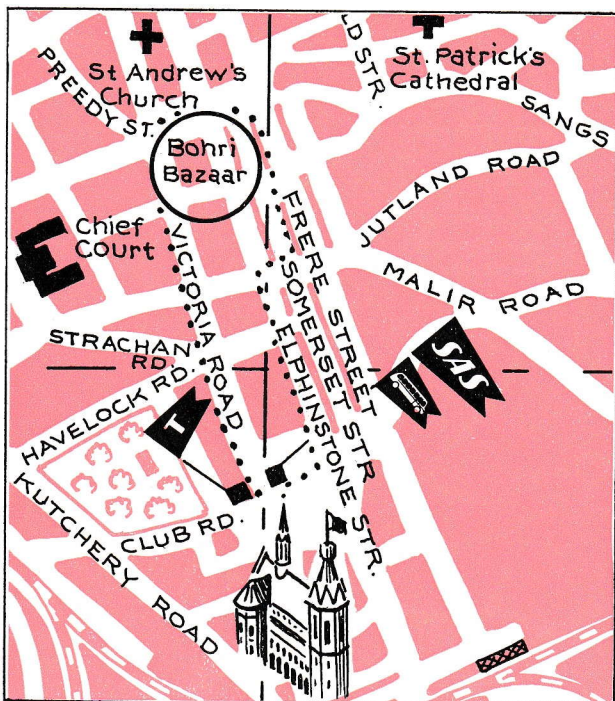
Code numbers in this booklet refer to the above map. Thus (G7) is situated where lines drawn from "G" and "7" cross each other.

Interesting sights in Karachi

- (G8) Frère Hall and the National Museum.
- (F3) Zoological Gardens.
- (F6) Bohri Bazaar.
- (G4) Quaid-e-Azam's Memorial Museum.
- (H9) Karachi Race Course.

Useful addresses

-  SAS Ticket Office and Air Terminal:
-  Hotel Metropole Building, Club Road. Tel. 51 58 69, 51 61 86.
-  Tourist Information Office:
- Tourist Bureau, Government of Pakistan, Central Hotel, Club Road. Tel. 51 02 34.



One hour's walk around Karachi

Make the SAS Office on Club Road your starting-point. Turn right into Victoria Road which will lead you past the Holy Trinity Church and the musical fountain – it plays occasionally – to the Ilaco House Building. Continue along Victoria Road and having passed the Paradise Cinema you come to the junction of Victoria Road, Preedy Street and Frère Road. On this corner you will find the Small Industries Corporation handicraft shop. You are now in the heart of the city and if you turn right at the Parisian Restaurant corner and enter Elphinstone Street you will find yourself in Karachi's main shopping area. Here are many of the city's best shops, with some very distinguished carpet stores and antique dealers. Before you reach the end of the street, make a small detour to Bohri Bazaar, the real marketplace for securing that oriental bargain. Three streets lead from Bohri Bazaar back to Elphinstone Street. Walk to Electric House Corner. From here it is a few minutes' walk to the Hotel Metropole and the SAS office.

(cont'd from page 11)

is reported to be over 100 years old. Hot and cold springs believed to be of high medicinal value exist here. Also nearby are the Burfati tombs, graves of soldiers killed during fierce tribal battles.

Bund Murad Khan: 22 miles (35 kms.) west of Karachi, Bund Murad Khan contains the remains of Indo-Pakistan's first ever barrage, constructed over 130 years ago. Good spot for swimming and light game hunting.

Night life and entertainment

Though the night life in Karachi is not as extensive as that to be found in the larger metropolises of the world, the city is far from lacking in after-dark entertainment. The clubs are exciting places to visit many staging nightly floorshows with both Pakistani and international talent – cuisine and drinks are available in most, and charges within everybody's reach.

The following are worth a visit:

Le Gourmet (F8)

Palace Hotel
Club Road

Two shows nightly. Dancing to a top-class band.

Nasreen Room (F8)

Hotel Intercontinental
Club Road

No floorshow here but wine, dining and dancing to an excellent German band. The rendezvous of both the elite and the business tycoons of the city – probably the most sophisticated nightclub in Karachi.

Oasis (E8)

The Taj Hotel
Kutchery Road

Program full of fun and entertainment. Local talent presenting classic and popular dances plus a variety of visiting foreign artists.

Penthouse (F/G6)

Hotel Excelsior
Inverarity Road

A new nightclub with a beautiful decor on the roof terrace of the Hotel Excelsior.

Roma Shabana (F6)

Frère Road

Specializes in presenting classic and folk dances of Pakistan.

The Lido (E8)

New Queen's Road

One of the gayest places in Karachi – if striptease is to your taste. Deserted by day but by midnight almost impossible to get into.

The 007 (B7)

Beach Luxury Hotel
New Queen's Road

The best of seafood and charcoal barbecue. Nightly cabaret. No formalities – dress as you please.

There are also several good air-conditioned cinemas (including a drive-in) showing the latest European and American movies as well as Pakistani films. Amateur dramas and variety shows are also staged from time to time.

Cinema tickets and admission cards to cabarets can sometimes be obtained in advance from your hotel reception.

For specific details of what's on, times and prices etc., you should refer to the publication 'This Fortnight in Pakistan' or one of Karachi's English-language newspapers, or to your hotel porter.



Classical music and dancing

Lovers of Oriental music and dancing should not miss the Pakistani blend of classical music nor the freer more spontaneous folk musical performances. The former is steeped in tradition and comprises a number of melodic patterns (or ragas as they are called in Pakistan), each raga being appropriate to a particular time of day. The musicians may improvise, but only within the framework of a particular pattern: the greater, more original the improvisation the greater the talent. These ragas are rendered on flutes, shanai (wind instruments, the tabla (drum-like), and the almost world-acknowledged sitar (string instrument). Dancers undergo long and arduous training to master the complex body movements and symbolic hand gestures that typify this cultural performing art.

For details of special current performances of Pakistan music and dancing it is best to consult your hotel reception desk or The Arts Council of Pakistan in Ingle Road (E/F7).



Tipping

Tipping is not obligatory and therefore entirely at the visitors discretion. Hotel bills normally include a service charge of 10 to 15% and it is customary to give a rupee or two to porters and room servants prior to departure. A tip of 10% is usual in restaurants and as a gratuity to taxi-drivers and hairdressers. It is not customary to tip cinema ushers.

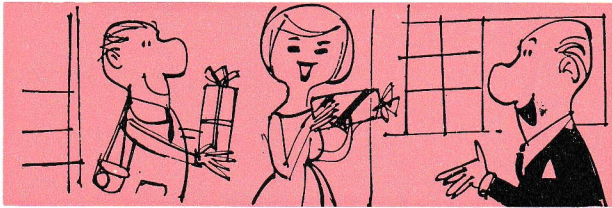
Shopping and souvenir hunting

This is one of Karachi's brightest attractions. There is a wide choice of lovely handicrafts, including Persian and Kashmir carpets, furs, silver and brass, carved wooden boxes, painted furniture, embroidery, brocades and camel-skin lamp-shades, just to name a few.

A visit to Bohri Bazaar (F6) off Elphinstone Street and Mahboob Supermarket (F6) off Victoria Road is strongly urged. Both are fascinating centers where you can browse endlessly for colorful Oriental merchandise and observe the Pakistani men and women at work in their diverse national dress.

Other worthwhile shopping stops are the Kashmir Art Emporium (G7) at the entrance to Elphinstone Street, where you can buy woolen shawls and other handicraft





products, the Small Industries Corporation Shop (F5) on the corner of Victoria Road and Preedy Street and the All Pakistan Women's Association store (F6) in the Ilaco House Building on Victoria Road, where you can purchase Persian, Royal Bokhara and locally woven rugs and carpets ranging in price from Rs.500 to 5,000 according to size and quality.

Should you find yourself at the airport and still short of a souvenir or two there is a gift shop in the main Departure Hall. Here products of the flourishing Pakistani Cottage Industries can be procured tax-free.

Business hours

Shops and stores are open from 9 a.m. to 1 p.m. and from 3 p.m. to 8 p.m. Many Moslem shops close for a half-day on Fridays and most are closed on Sundays.

Business houses are open 9 a.m. to 5 p.m.

Banks are open 9 a.m. to 1 p.m. except Fridays 9 a.m. to 10.30 a.m., and Saturdays 9 a.m. to 11.30 a.m.

Transportation

Karachi is blessed with the cheapest public transport facilities in the world. However, both tramcars and buses are usually packed and foreign visitors are advised to use the taxi-cabs which charge 60 pice to the mile or to try the comfortable mini-cabs which are still cheaper at 40 pice a mile. For more adventurous transportation try the fast, numerous scooter-taxis (25 pice a mile). Horse-drawn carriages are allowed on limited streets and cost

62 pice for the first mile and 37 pice for each additional mile. As no device is provided to reckon exact mileage, it is advisable to check up the approximate distance involved before you undergo your journey.

A local train also operates on a circular route in the city. If you're planning to roam outside Karachi, railway services, good roads and comprehensive domestic air network run by Pakistan International Airlines connect Karachi with all other principal cities of Pakistan.

Sports

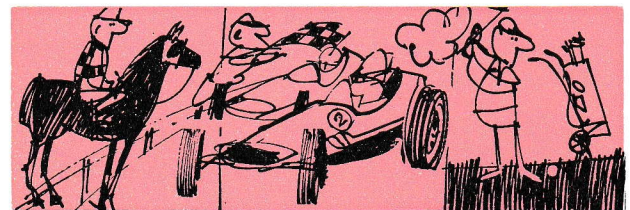
Whether you take an active interest in sports or enjoy them merely from a spectator's angle Karachi offers a diverse range of clubs and sporting facilities to suit your preference – be it horse-racing, polo, tennis, golf, swimming or fishing.

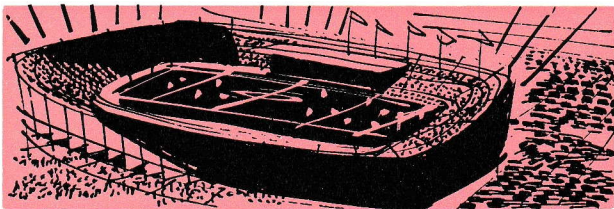
Horse-racing: Meetings are held every Wednesday and Sunday from 2 p.m. to 5 p.m. at Karachi Race Course (H9) – rated the best in Asia.

Polo: Played three times a week on Tuesdays, Thursdays and Saturdays at the Karachi Race Course 3 p.m. to 5 p.m.

Tennis: There are a number of clubs where tennis can be played on both hard and grass courts. Guests are welcomed when accompanied by a member.

Golf: An excellent golf course at Drigh Road (tel. 49135) offers not only first class golfing facilities but a good restaurant. Membership is available on application to the secretary.





Swimming: The beaches best suited for bathing in Karachi's vicinity are those already mentioned under "Sights and excursions" – Clifton, Hawkes Bay, Manora, and Sandspit. But should you feel like a swim while in the center of town both the Beach Luxury and the Hotel Intercontinental have excellent pools.

Fishing: The coastal waters in and around Karachi harbor offer year round deep-sea and rock fishing. Motor launches and sailing boats can be hired at Keamari waterfront but be prepared for some hard bargaining with the local seamen over rates. Haleji Lake, some 54 miles outside Karachi, and Kalri Lake are both favorite haunts of keen fishermen and should you plan an extended fishing expedition comfortable accommodation is available at both places.

Climate and clothing

Karachi has only two seasons: summer and winter. Summer begins in March and lasts until the end of November. During this period it is usually hot and dry with average temperatures ranging from 85° F to 95° F (29° to 35° C). The remaining months of the year which comprise the winter season are somewhat cooler. On the next page are given the monthly high and low temperatures.

During the summer, light clothing preferably cottons are recommended. For winter the inclusion of light woollens in your wardrobe is advisable as the temperature drops as low as 40° F (5° C) at times.

Formal dress is rarely required.

Efficient laundering and dry-cleaning services are provided by all hotels at a nominal charge.

	°F		°C			°F		°C	
	Max.	Min.	Max.	Min.		Max.	Min.	Max.	Min.
January	73	52	23	10	July	87	77	31	25
February	77	55	25	13	August	83	75	29	24
March	82	64	28	18	September	84	73	29	23
April	87	69	31	21	October	86	69	31	20
May	89	75	32	24	November	83	61	29	16
June	89	79	32	26	December	79	53	26	12

Useful words to start with

You do not have to know the national language to move comfortably around in Pakistan. Pakistanis are, however, sentimental people and they love to hear someone talk their own language. If you feel like trying out your linguistic skill here are a few apt phrases:

ENGLISH

Good morning (or good evening)
How do you do?
Thank you
How much does this cost?
I want to buy

I don't understand you

Stop here
Come here

Good bye
It is good

One

Two

Three

Four

Five

Six

Seven

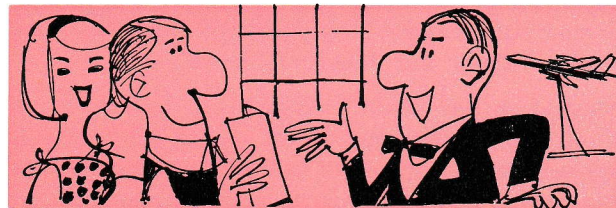
Eight

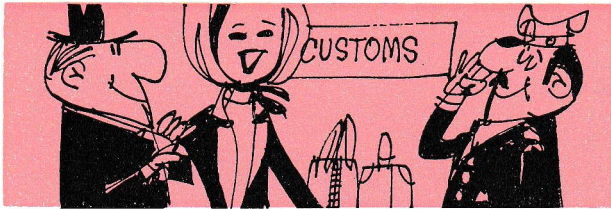
Nine

Ten

URDU

As-salam Alaikum
Mizaj Sharii?
Shukriya
Is ki kimat kia hai?
Maen yeh kharidna chahta hoon
Meri samajh men nahin aya
Yahan roko
Yahan aao
Khuda Hafiz
Achha hai
Eik
Dho
Teen
Char
Paanch
Che
Saat
Aat
Nao
Dhas





Local courtesies and customs

Religion plays an important part in Pakistani life. Moslems offer prayers five times a day no matter where they may be and one should never photograph or disturb them in any way at these times. Do not photograph women wearing a purdah (a veil which covers her body and face). Shaking hands is not a common practice, and will not be expected of you when greeting a Moslem lady.

Religious edifices

Islam is the predominant religion of the country and visitors of this faith will have no difficulty in finding a convenient and nearby place of worship.

For those wishing to attend services of other creeds, we list the following:

Roman Catholic: St. Patrick's Cathedral (G5).

Protestant: Holy Trinity Church (F7), Victoria Road.

Methodist: Methodist Church (F5), near Bambino Cinema.

Presbyterian: St. Andrew's Church (F5), Victoria Road.

Seventh Day Adventist: Seventh Day Adventist Hospital Chapel (F/G4), M. A. Jinnah Road.

Special information and services

English-Language newspapers: A number of local newspapers publish in English, copies of which are available in most hotel lounges. They are 'Dawn', 'Morning News', 'Pakistan Times' and 'Pakistan Observer'.

Medical. In case medical assistance is needed for any form of discomfort, the easiest way to get help is to ask your hotel manager to call for the nearest doctor. But, should it be necessary to seek a doctor yourself,

the following hospitals have round-the-clock service: Jinnah Post Graduate Medical Centre (H/I7), Hospital Road, tel. 51 26 10; Seventh Day Adventist Hospital (F/G4), M. A. Jinnah Road, tel. 71383; Holy Family Hospital (G3), Soldier Bazar Road, tel. 78021; Pakistan Red Cross, tel. 73259.

Police: Ring 22 22 22 or 22 44 00 if you require urgently the services of the local force.

Broadcasts in English: There are news broadcasts in English at 7.10 a.m., 1.10 p.m. and 8.15 p.m.

Cultural organisation: The Arts Council of Pakistan, Ingle Road (E/F7).

Time: Karachi time is 5 hours ahead of GMT. Ring 14 for the precise local time.

Telegrams: Cables can be sent from the Central Telegraphic Office in McLeod Road (D7).

Traffic: Traffic keeps to the left, maximum speed limit within the town is 30 m.p.h.

Public holidays and special festivities

Most of the Public holidays here are Moslem inspired and vary from year to year. In such cases a month has been listed indicating when it is usual to expect the religious event to fall.

January 1	New Year's Day
March	Eed-ul-Azha
March 23	Pakistan Day
April	Muharram
June	Eed-i-Miladun-Nabi
June 30	Bank Holiday
August 14	Independence Day
September 6	Defence of Pakistan Day
September 11	Anniversary of Quaid-e-Azam's Death
December	Jumatul-Wida
December	Eed-ul-Fitr
December 25	Birthday of Quaid-e-Azam and Christmas Day
December 26	Boxing Day
December 31	Bank Holiday

Edited by Alan C. Lovejoy

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Our Special Meal Service

If your diet is governed by religion, health, or regional preference, or if you need something other than the regular menu, ask your SAS office or travel agent about the SAS Special Meal Service.

This extra SAS service allows you to preorder from eight different categories of special meals (including those dictated by religion) – 70 dishes, among which we are sure you will find a meal to suit your individual taste, or that of your children.

