

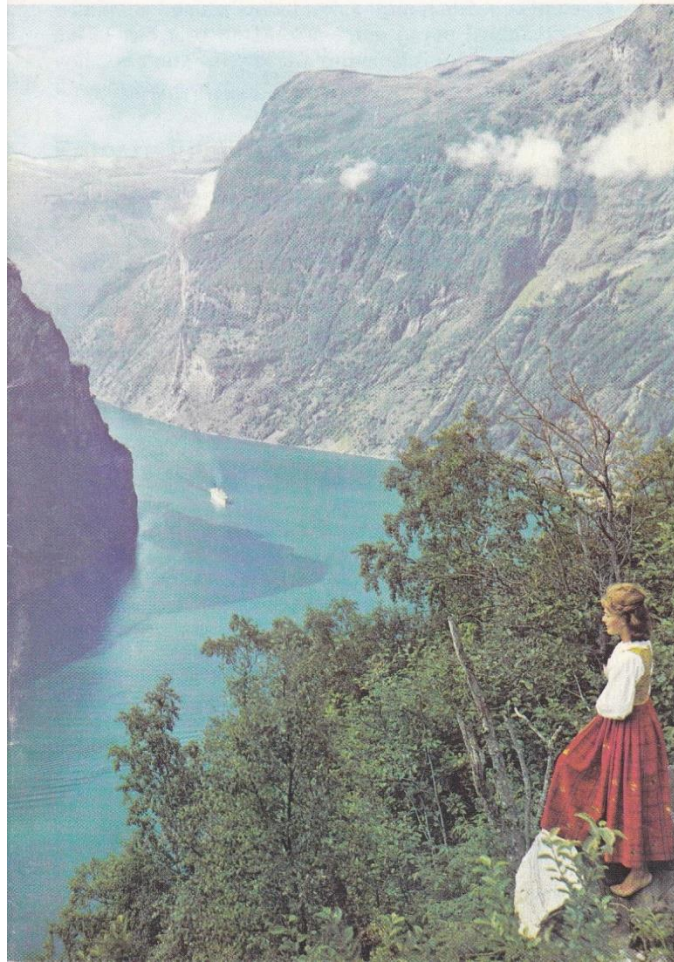
SAS CITY PORTRAIT

# Bergen Stavanger

and the fjord country

8th ed.

**SAS** SCANDINAVIAN AIRLINES



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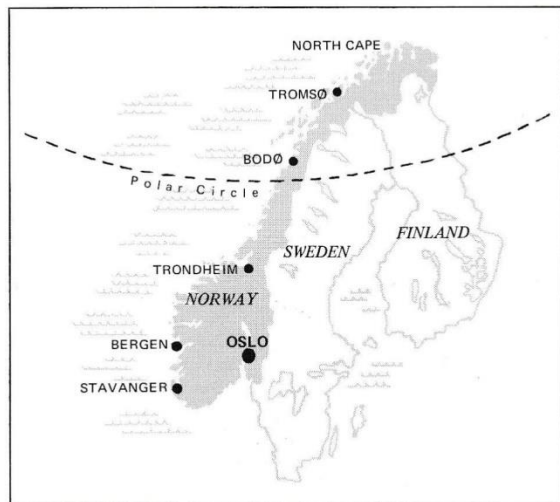
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The information given in this booklet is based on facts available in May 1974.



Front cover: Geiranger Fjord.

## Introduction

Half the beauty of a trip to Bergen and Stavanger lies in the opportunities it affords to tour Norway's Fjord Country.

Car, bus, rail, steamship, speedy hydrofoil – all combine to offer innumerable excursions, for as long as a month or more, or as short as a day-return.

By bus and boat you can explore the green and charming Hardanger Fjord, ablaze each May with apple blossom. Visit the magnificent Pulpit Rock on Lyse Fjord. Or by train, bus and steamer rove the rugged 100-mile-long Sogne Fjord – vastest of the fjords with its cascading waterfalls and its silent saltwater inlets, in parts 4,000 ft. (1,200 m) deep. But these are just examples. Seven major fjords contribute to western Norway's overwhelming beauty. How to pick from it all? . . . On pages 32–35 we have innumeraled the prime landmarks you will see along each of the principal fjords with pen pictures of some of the towns.

## Entry regulations

**Passport and visas.** All travelers, except citizens of Denmark, Finland, Iceland and Sweden, must hold a valid passport and, in the case of certain nationalities, a visa is also required. The latter can be obtained easily through the nearest Norwegian consulate.

The monetary unit is the Norwegian "krone" (N.cr.), divided into 100 "øre".

## Restaurants and cuisine

Eating well in Norway means savoring some of Europe's choicest fish. In particular, Bergen and Stavanger are renowned for their boiled cod and boiled "pale", two delectable local dishes. Equally, you may enjoy the large shrimp specialities, or fresh North Sea lobster; trout boiled or fried in sour cream; and Norwegian salmon smoked or boiled and served with a rich mixture of whipped sour cream and horse-radish.

Other local delicacies include "fjellrype" (ptarmigan, mountain cousin of the partridge); woodcock; capercaillie; wild duck; venison; cured lamb; "spekeskinke" (cured ham); the popular "fenalår" (cured, smoked leg of mutton) served with scrambled eggs and fresh vegetables; "lapskaus", a combination of meat, potatoes and other vegetables; Christmas porridge; "lutefisk" (stock cod soaked in the extract of ashes) and reindeer meat.

The particular joy of eating breakfast, lunch, dinner or supper in Bergen and Stavanger, however, is the famed Norwegian "Cold Table" – central table laden with eggs, meat,

salad, herring and cheese, bread, butter, milk, coffee and tea. It is a fine array to which you can go again and again all at a fixed meal price.

### MEAL TIMES AND PRICES

Breakfast is served from 7 to 11 a.m. (if you want continental breakfast ask for coffee or tea *complét* – if you possess a hearty morning appetite, then order Norwegian “*frokost*”). The former costs around N.cr.9–12, the latter N.cr.12–18 plus service.

Lunch-time starts around 1 p.m. and the prices vary between N.cr.20–32. Dinner is served from 7 p.m., consisting generally of a three-course meal comprising *hors d'oeuvre* or soup, fish or meat and dessert. Expect to pay between N.cr.30 and 45.

### WHAT TO DRINK

Besides the international drink list that prevails here, there is a good local beer called “*Hansa*”, and, of course, the “*skål-renowned*” liquor for which Scandinavia is world famous: aquavit. Indigenous to Norway is the famous Linje aquavit, just one of many from which you may choose. As the wording on the reverse side of the label of every bottle explains, Linje aquavit is flavored by being carried in a cherry-impregnated cask in the hold of a ship – for the sake of continuous movement – across the Equator and back: hence the name, Linje, “the line”.

There are some minor restrictions on the sale of alcoholic beverages in Norway. Liquor is not served before 3 p.m. and not at all on Sundays or days preceding public holidays when it is only permissible to serve wines and beers.

### Tippling

The formula for tipping in Bergen and Stavanger, as throughout the whole of Norway, is very straightforward. A standard 10–15% surcharge is automatically added to all hotel and restaurant bills. In respect to hotel settlement, the services of hall porter and luggage porter are normally included in the bill.

It is usual to tip taxi-drivers 10% of the metered fare. Hairdressers and barbers do not expect a tip, but it is not uncommon for satisfied customers to leave them 50 øre. The use of the theater cloakroom is included in the price of admission, and ushers at theaters and cinemas are never tipped.

### Shopping and souvenir hunting

The charm of shopping – or window shopping – in Bergen and Stavanger is manifested by a variety of folkcraft. You will see it not only in the patient traditions of a beautiful handwoven tapestry, but also in gay, leaf-dappled wood carvings, in elegant glistening silver and in the exquisite enamel jewelry.

Comprehensive lists of shops are to be found under the respective chapters (Bergen, page 20, or Stavanger, page 30).

### Textiles

Colorful rya rugs, embroidered wall hangings, cushions, handwoven plaids, napkins and tablecloths are all worth looking at. So, too, are hand-knitted sweaters including the famous “*lusekofte*” range and the silk-lined après-ski jackets.

### Handicrafts

Dolls, toys, the traditional rose-painted wooden trays, bowls and boxes are all fine products of the West Coast's rich cottage industries.

### Jewelry

Silver jewelry featuring Norwegian semi-precious stones in contemporary design should be on your shopping list. Names? The PLUS organization uses designs by Tone Vigeland, Anna Greta Eker and Erling Christoffersen while TROLL jewelry is both traditional and modern with designs by Uni David-Andersen, Harry Sørby, Unn Tangerud, Ben David-Andersen, Marianne Berg and Bjørn Østern.

### Enameled silverware

You *must* take home an article of enameled silverware for this is a Norwegian speciality and has collected many international awards. Equally tempting are dessert and tea spoons, cuff links, shaped plates, cocktail sets and ash trays.

Pewter which has undergone a special treatment is also very popular in Norway. We suggest you look for items such as sugar bowls, round trays, candlesticks, pitchers, as well as the excellent cutlery. Ornaments in the shape of Viking ships and drinking horns can also be found in pewter.

### Glassware and ceramics

Norwegian glassware is of the highest standard and for a particularly delightful memento we recommend a piece of the Hadeland crystalware in the shape of a bird or fish. The pottery, too, will hold your interest and Norwegian ceramics are certainly worth examining.



## Furs

Here, the name to remember is SAGA – look for the mink and bluefox. Not so well known outside Norway are seal, blueblack and whitecoat, polar fox and polar bear furs. Compare the prices with the pelts back home and we're sure you're in for a very pleasant surprise!

## Sports equipment

Of course, in the Cradle of Skiing, it is only natural that the skiing equipment is of the highest quality and at very reasonable prices. The angler, too, will find an assortment of fishing rods and other tackle at attractive prices. In fact, if you're a sporty person a visit to a sports shop, or department of a store, ought to be made. The Norwegians are an outdoor people and subsequently sports equipment tends to be both inexpensive and of an excellent standard.

## Special gift suggestions

For her – a pair of warm sealskin slippers, or outdoor boots, silver ear-rings made from an original Viking design, or for someone really special, why not one of the local folk costumes?

For him – a hand-knitted tie, pewter drinking mug, one of the famous Lillehammer pipes or a ski sweater.

And why not treat yourself to a typically Norwegian gift – a miniature Viking, complete with helmet, carved in teak?

## Antiques

The genuine "finds" nowadays are few and far between but you will have an enjoyable time hunting for painted chests and tapestries – and, who knows, you may even find a spinning wheel or other unusual Norwegian bucolic item.

## REMINDER

When buying apparel of any kind be careful of size numerals. The shop assistants can generally advise you as to the correct equivalents of the various countries. Alternatively, you can always revert to that age-old infallible invention: the tape-measure!

Remember goods sent to addresses outside Norway, or to the transit halls of Bergen or Stavanger airports for your collection, are free of purchase tax.

## LANGUAGE

The majority of the shop assistants in the principal stores in both cities speak English, German and, in some cases, French.

## Business hours

**Banks:** Banks are open between 8 a.m. and 3.30 p.m. weekdays, Thursdays 8 a.m. to 6 p.m. Saturdays closed.

**Business houses:** Weekdays 9 a.m. to 4 p.m., Saturdays 9 a.m. to 2 p.m.

## Climate and clothing

The whole year through, the Gulf Stream's tropical currents moderate the entire climate of the Bergen and Stavanger area. And whilst the average annual rainfall here is somewhat high, the region is blessed with a summer that is dry and often balmily warm and a surprisingly mild spring and fall.

The average monthly high and low temperatures are:

	High		Low			High		Low	
	°F	°C	°F	°C		°F	°C	°F	°C
January	37	2.7	29.5	-1.4	July	67	19.9	54.5	12.6
February	38	3.3	30.6	-0.8	August	65.3	18.6	53.8	12.1
March	42.5	5.8	33	0.5	September	59.2	15.2	50.1	10.1
April	48.5	9.2	38	3.4	October	50.6	10.8	43.3	6.3
May	58	14.4	44.5	6.9	November	45	7.2	38	3.2
June	61.5	16.5	49.2	9.8	December	41.5	5.3	34.7	1.5

Norwegians dress informally. For theater and concert outings it is usual to wear dark dress or suit. It is wise to carry your raincoat or umbrella, especially in winter when a warm topcoat is also a necessity.

Dry-cleaning and laundry are matters to leave to your hotel. If possible allow two days.

## Twenty words to begin with

It is always that much more satisfying to understand the language of the city you are visiting.

And although most of the citizens of Bergen and Stavanger speak and understand English well, it is both comforting and courteous to have the basic "thank you", "excuse me" and "hello" tucked up your linguistic sleeve.

English	Norwegian	English	Norwegian
Hello	Hallo, morn	One	En, et
Thanks	Takk	Two	To
Excuse me	Unskyld	Three	Tre
How much	Hvor meget	Four	Fire
This, it	Dette, det	Five	Fem
Where	Hvor	Six	Seks
Street	Gate	Seven	Sju
Mr.	Herr	Eight	Åtte
Mrs., Miss	Frue, Frøken	Nine	Ni
Yes	Ja	Ten	Ti
No	Nei		

## Public holidays

Shops and offices are closed on January 1 (New Year's Day), Maundy Thursday, Good Friday, Easter Monday, May 1 (Labor Day), Ascension Day, May 17 (Independence Day – the time when processions and flags are very much in evidence), Whit Monday, December 25 (Christmas Day) and December 26 (Boxing Day).

# Bergen

Founded by King Olav Kyrre in 1070 on the site of an earlier settlement, Bergen is one of the country's oldest towns and probably its most interesting. Until as late as 1909, when the Oslo-Bergen railway surmounted the vast Hardanger mountain plateau to facilitate domestic travel, Bergen was closer in many ways to Britain and the Continent than it was to the rest of Norway.

Typical of the Bergener's attitude to his city is the little Bergen boy, who while attending school in a neighboring town refused to divulge his birthplace and later explained, "I didn't want to boast the first day". Indeed, Bergen has much to boast about. In the 12th and 13th centuries, one of Norway's most prosperous periods, it was the capital of the entire kingdom. Many Norwegian kings were crowned here and many are buried here. It is, however, to mercantile trade first that Bergen owes its wealth and reputation. During the 14th and 15th centuries it was one of the cities that controlled commerce in Northern Europe.

And without doubt, it is this rich, salty, sea-spawned heritage – sprinkled with reminders of Norway's Medieval past – that lends any stroll through the city an undeniable charm.

Meandering, cobbled street; the old City Gate at Kalvaret; imposing Håkonshallen (King Haakon's Hall) from the 13th century; St. Mary's Church, oldest edifice in Bergen . . . all epitomize the Bergen of yesteryear.

But none more so than the waterfront. Picturesque, old high-gabled wooden warehouses line its quayside. Big passenger steamers provide exciting comings-and-goings. And fish-laden smacks sail in to set out for sale the morning's catch in the colorful harborside market.

And what of modern Bergen? . . . It is still Norway's leading shipping and fishing center, affording a spacious, sheltered harbor – free from ice the year round, thanks to the Gulf Stream's warming currents.

With its 220,000 inhabitants, Bergen is today Norway's second largest city – commercially and characteristically a product of the sea.

Complementing the various shipping lines and excellent road and rail connections is Bergen's busy airport, hub of a dense intra-Scandinavian network, which is also served by direct flights from New York, Los Angeles,

Seattle, London and Copenhagen, and during the summer half-year, from Chicago and Montreal.

With its fresh, green parks, its open squares, and tree-lined lakes, Bergen was meant to be explored by foot. A number of fine art galleries and museums await the wanderer, including the Bergen Aquarium with one of Europe's most comprehensive collections of marine fauna.

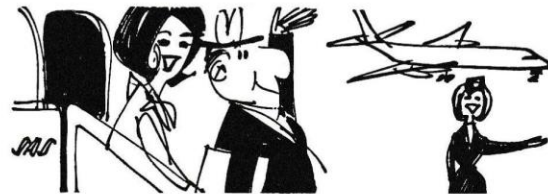
Bergen is also the convention, education and cultural capital of Norway's west coast. Its university is one of the nation's leading centers of learning. And the city's contribution to the performing arts is highlighted each Spring by the Bergen International Festival – a yearly dedication to the memory of Bergen's own Edvard Grieg. Writer Ludvig Holberg and famed violinist Ole Bull have both in turn called Bergen "home". The city's famed Harmonien – one of the world's oldest philharmonic orchestras – recently celebrated its double centenary. And Den Nationale Scene, Norway's oldest theater, is still a celebrated medium for the works of Henrik Ibsen.

Today, Bergen's picturesque, historic charm is pleasantly rounded out by a cluster of excellent, cosmopolitan-style hotels and restaurants. And whether you come to absorb the historic quaintness and hamlet-like calm and color that is so obviously a part of Bergen, or to explore its breathtaking surroundings of fjords, sea and mountains – this 900-year-old gateway to Norway, and Scandinavia, will prove itself a most engaging host.

## Your arrival in Bergen

You land at Bergen Airport, located 11 miles (19 km) south of the city center. SAS personnel will direct you to the Arrival Building for passport and customs control. The airport has an excellent restaurant, bank, post office, car-hire desk and newsstand. Should you have any inquiries, consult the staff at the SAS Information Desk in the departure hall.

The bus-stop and the taxi-stand are just outside the airport building. The bus takes visitors to Bergen Downtown Terminal, a trip which takes 30 minutes and costs N.cr.6.50. A taxi will





also take you into town in 25 minutes and the fare is about N.cr.50.

The Downtown Terminal is in the Hotel Norge building which also houses the SAS office and is close to taxis, buses, trains and most other amenities.

If you are flying on from Bergen one of the first things to do on arrival is to reconfirm your onward reservation by informing the SAS office at Hotel Norge.

If your next destination is Oslo only, please note that the processing of passengers and luggage is as follows: Mark your own luggage with name and address. (You will find name-labels in the departure hall at the airport.) Place your luggage on the conveyor-belt and, when departure is announced, hand over your ticket at the gate.

## Hotels

With a reputation for wholehearted hospitality, 3,000 beds to back it, and an international understanding of what true hostelry means – Bergen offers you a warm Norwegian welcome.

It's a hospitality you can enjoy in any of the city's modern hotels, comprehensive in their offering of rooms with private bath or shower, TV, radio and telephone – or in any of Bergen's comfortable hostelryes or pensions.

Several of the hotels – principally the Norge, Orion, Bristol and Rosenkrantz – provide cocktail bar, restaurant with music and dancing, conference rooms and banqueting halls, the largest of which can accommodate up to 600 guests. It is always wise to book in advance. In this respect you should contact your travel agent or SAS. Either can offer you, through the SAS Travel Planning Service, detailed information on de luxe, first and tourist class hotels – with immediate confirmation of accommodation in most. Should you arrive unaccommodated, however, the SAS staff will do all they can to assist you.

Prices for a single room with shower in the de luxe range would cost between N.cr.115 and 135, for a double room with bath between N.cr.170 and 220. In one of the first class hotels a single room with shower would vary between N.cr.100 and 130, double room with bath N.cr.150 to 210. In tourist class hotels double rooms with bath between N.cr.110 and 180.

These room charges do not include breakfast, but service charge is included.

### De luxe class

**Hotel Norge** (G6)  
4 Ole Bulls Plass.  
Tel. 23 30 00.

### First class

**Bristol Hotel** (F6)  
11 Torgalmenning.  
Tel. 23 26 00.

**Orion Hotel** (D4)  
3 Bradbenken.  
Tel. 23 16 10.

### Tourist class

**Hordaheimen Hotel** (E5)  
18 C. Sundtsgate.  
Tel. 23 23 20.

**Neptun Hotel** (E6)  
8 Walckendorffsgate.  
Tel. 23 20 15.

### Fantoft Summer Hotel

(off map)  
Fantoft. Tel. 28 29 10.

**Rosenkrantz Hotel** (E4)  
7 Rosenkrantzgate.  
Tel. 23 23 00.

**Hatleberg Summer Hotel**  
(off map)  
Hatleveien. Tel. 25 60 10.

**Strand Hotel** (F5)  
4 Strandkaien. Tel. 31 08 15.

**Hotel Grand Terminus** (H4)  
71 Kong Oscarsgate.  
Tel. 31 16 55.

**Skandia Hotel** (F4)  
22 Kong Oscarsgate.  
Tel. 23 00 80.

**Slottsgården Hotel** (D4)  
3 Sandbrugaten.  
Tel. 21 37 17.

**Note:** The standard voltage in Bergen is 220 volts 50-cycle A.C.

## Restaurants

**Airport Restaurant** (L7)  
Bergen Airport. Tel. 22 69 03.

**Bellevue Restaurant** (L2)  
9 Bellevue Bakken.  
Tel. 31 03 33.

**Bristol Mirror Room** (F6)  
Bristol Hotel. Tel. 23 26 00.

**Bryggen Restaurant** (E4)  
6 Bryggen. Tel. 21 89 20.

**Excellent Restauranter** (G6)  
1a Torggaten. Tel. 21 77 35.

**Show Boat** (G6)  
1a Torggaten. Tel. 21 77 35.

**Chianti Restaurant** (I5)  
Central Bus Station.  
Tel. 21 77 96.

**Elsesro** (A1)  
Old Bergen. Tel. 25 70 34.

**Fløyrestauranten** (H2)  
Fløyen Mountain.  
Tel. 21 43 77–21 04 60.

**Grand Café** (G6)  
11 Olav Kyrres gate.  
Tel. 23 25 10.

**Holbergstuen** (F5)  
6 Torgalmenning.  
Tel. 21 53 53.





**Hotel Norge (G6)**

4 Ole Bulls Plass.  
Tel. 23 30 00.

**Neptun Restaurant (E6)**

8 Walckendorffsgate.  
Tel. 23 20 15.

**Orion (D4)**

3 Bradbenken. Tel. 23 16 10.

**Willies (F6)**

15 Ole Bulls Plass.  
Tel. 21 02 76.

**Wesselstuen (F6)**

Ole Bulls Plass.  
Tel. 21 29 06.

**Holms Discosteak**

**House (H4)**  
Kong Oscarsgate.  
Tel. 21 44 77.

**Du Milde Måne (F6)**

Chr. Michelsensgate.  
Tel. 21 59 00.

**Bryggen Tracteursted (E4)**

Bryggstredet. Tel. 21 38 57.

**Trianon (E4)**

7 Rosenkrantzgate.  
Tel. 23 23 00.

**Torgstuen (F5)**

Torget. Tel. 21 22 35.

Outstanding for delicatessen-style delicacies are the Pâtisseries Reimers (G5) and Helgesen (G6).

## Sights and excursions

For a well-balanced introduction to Bergen and its environs join one of the organized sightseeing coach or motor vessel tours. Coach tours start from Torgalmenningen (F5). During the high-season, the main tour, taking in all the important sights, operates daily, lasts 2½ hours and costs N.cr.30.

In the morning there are shorter tours of an hour and a half duration, costing N.cr.30. An afternoon tour takes in the main attractions outside Bergen, including the 12th-century Fantoft Stave Church and Troidhaugen, Grieg's enchanting home, price N.cr.35. During the period October–April, the main tour operates daily, lasts 2 hours and costs N.cr.20. Boat trips operate every day from mid-May to mid-September to the outer islands and along the fjords (see "Fjords" page 32).

For more detailed information ask at the Tourist Information Center (F5).

For those who wish to sightsee under their own steam, we list opposite the principal sights of Bergen, the references in parenthesis referring to the map on the center spread.

## CITY INTEREST POINTS

**Bergenhus (D5).** A royal residence since the 12th century – Bergenhus comprises not one but a cluster of restored and partially-restored buildings, some dating back in origin to the days of King Olav Kyrre, founder of Bergen. For long the imposing stronghold guarding the harbor entrance, its remains stand today a memorial to the city's checkered career.

Of the buildings situated within the old fortified walls, the most impressive are the Rosenkrantz Tower (1562–67) and King Haakon's Hall, originally erected in 1261 by Håkon IV. Beautifully decorated within, the Hall is open to the public from 11 a.m. to 5 p.m. (Between September 15 and May 14; Fridays 3 to 6 p.m., other days: noon to 3 p.m.) It is used today for ceremonial banquets.

**Mariakirken (St. Mary's Church – D4).** Built during the first half of the 12th century, St. Mary's Church is the oldest building in Bergen and one of the finest Romanesque churches in the whole of Norway. The pulpit, pride of the church and a relic from the 1670s, is a masterpiece of Baroque workmanship. Open weekdays June 1 to August 31, 11 a.m. to 4 p.m., except on Saturdays. From September through May, open weekdays noon to 1.30 p.m., except Tuesdays and Saturdays. Admission charge.

**Schoetstuen (E4).** Situated opposite St. Mary's Church, these four old assembly rooms illustrate vividly social life in Bergen as it was some hundred years ago. The rooms are still used on festive occasions. Open from June to August daily 10 a.m. to 4 p.m. and from September to May on Sundays, Tuesdays, Thursdays and Saturdays from 11 a.m. to 2 p.m. Tel. 21 33 25. Admission charge.

**Bryggen (The Wharf – E4).** This colorful terrace of steep-gabled wooden warehouses that line the waterfront, is an engaging reminder that Medieval Bergen was once a flourishing Hanseatic port.

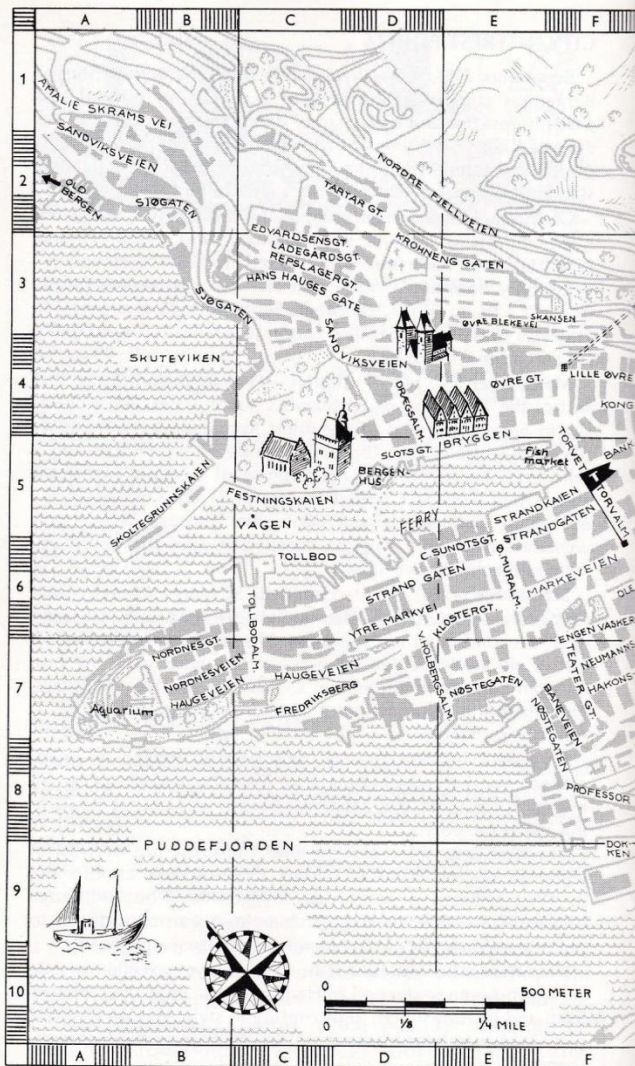
The buildings were erected after the great fire of 1702 as authentic copies of earlier houses. Unfortunately another fire in 1955 reduced a section of Bryggen to ashes. Although disastrous, the fire has given archaeologists an opportunity to unearth unique relics from Norway's pre-Hanseatic times.

**The Hanseatic Museum (E4).** This old yet excellently preserved museum is steeped in Hansa history. Both the structure itself and its furnishings, 16th-century in style, give an intimate picture of merchant life as it was in the days of the Hanseatic League.

Admission daily from 10 a.m. to 4 p.m. between June and August, N.cr.2 adults, N.cr.1 children. Between September and May open Mondays, Wednesdays and Sundays, from 11 a.m. to 2 p.m. Admission free. Tel. 21 91 94.

**The Fish Market (F5).** Picturesquely set at the waterfront, Bergen's busy open-air fish-and-flower market is a camera-addict's dream. Here you can spend an enthralling hour or two watching the knowledgeable customers bargaining with oilskin-clad fishermen.

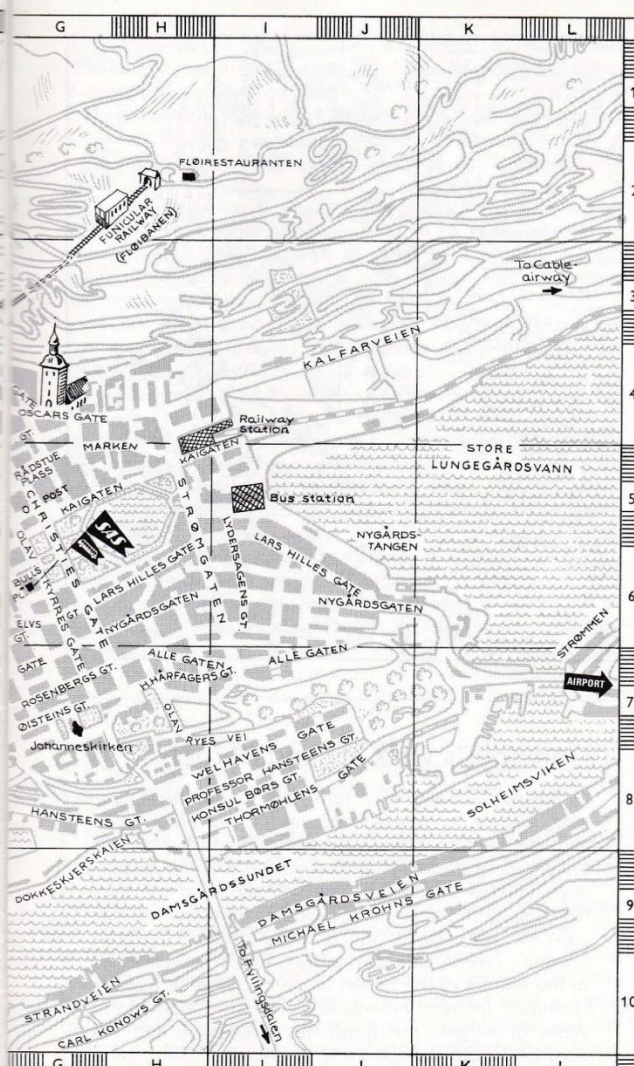
(cont'd on page 17)



Code numbers in the Bergen section of this booklet refer to the above map. Thus




### Interesting sights in Bergen

- |                                       |  |
|---------------------------------------|--|
| (C5) Bergenhus Fortress.              | Arts & Crafts Museum, Municipal Art Gallery and Fishery Museum). |
| (D4) Mariakirken (St. Mary's Church). | (H7) The University (Museum of Natural History and History).     |
| (E4) Bryggen (wooden warehouses).     | (H8) Maritime Museum.  |
| (E4) The Hanseatic Museum.            | (F6) Den Nationale Scene (The National Theater).                 |
| (F5) The Fish Market.                 | (H2) Fløyen Mountain.  |
| (G4) The Cathedral.                   | (A7) Nordnes Park. Aquarium.                                     |
| (H4) Main Railway Station.            | (A2) Old Bergen (Open-air Museum).                               |
| (I5) Central Bus Station.             | (K2) Cable Airway.   |
| (G6) Byparken (The City Park with     |  |



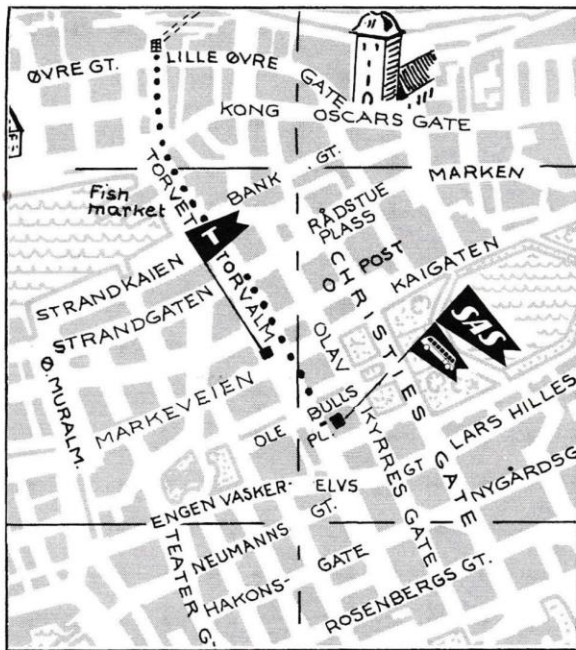
(G6) is located where lines drawn from "G" and "6" cross each other.

### Useful addresses

-  **SAS Ticket Office:**  
Hotel Norge (G6), 4 Ole Bulls plass. Tel. 23 36 00.  
Open hours: 8.30 a.m. to 4.30 p.m. weekdays; 8.30 to 2 p.m. Saturdays.
-  **Air Terminal:**  
Hotel Norge (G6), 4 Ole Bulls plass Tel. 23 09 30.
-  **Tourist Information Center:**  
Torgalmenning (F6). Tel. 21 14 87, 21 90 26.


Distance from city center to airport: 11 miles (19 km).






## One hour's walk around Bergen

Leaving the SAS Office turn right down Torgalmenning, leading to Bergen's picturesque and unique fish market where you'll enjoy watching the bickering and brisk trading between the fish dealers and the housewives. Across the harbor, you will see what the fires have left of the famous old wooden warehouses. Now cross the wide Torvet Square and head up Vetrildsalmenning for the funicular railway, which will take you to the summit of the Fløyen mountain. Stop here at the restaurant for refreshments and enjoy the magnificent views of Bergen, the fjord, the mountains, and the ocean. You can walk down if you have the time – and return the way you came to the SAS office.

 **SAS Ticket Office:**  
Hotel Norge, 4 Ole Bulls plass. Tel. 23 36 00.

 **Air Terminal:**  
Hotel Norge, 4 Ole Bulls plass. Tel. 23 09 30.

 **Tourist Information Center:**  
Torgalmenning. Tel. 21 14 87, 21 90 26.

(cont'd from page 13)

Almost as old as the town itself, the famous market has not always occupied its present site, but has moved gradually over the years as the creek has filled in.

**Mount Fløyen (H2).** Bergen's famous funicular railway offers sightseers the easy way to the top of Mount Fløyen – an inspiring vantage-point with delightful views of the town and archipelago.

There is a fine restaurant at the top where anything from a full-course meal to coffee and cakes can be followed – if the "constitutional" stroll appeals to you – by a wander through beautiful sylvan terrain etched with silver lakes and hump-backed mountains.

You can walk or ride down to Bergen's center.

The funicular operates from early morning till midnight. Return fare N.cr.6 adults, N.cr.3 children.

**The Cathedral (G4).** Medieval church dedicated to Norway's patron saint, St. Olav, Bergen Cathedral has been restored many times. The oldest part of the building dates from the 12th century, while the choir and the lower part of the tower are 13th-century Gothic style.

Open from 10 a.m. to 3 p.m. during the summer months. Tel. 21 19 53, 21 12 46.

**Museum of Arts and Crafts (Vestlandske Kunstindustrimuseum – G6).** The Museum contains both fine and applied arts from many countries. Of special interest are the collections of European pottery, antique Bergen silver, Chinese art and handiwork. Admission May 15 to August 31, weekdays 10 a.m. to 3 p.m., Sundays 12 noon to 3 p.m. Fee N.cr.1. The remainder of the year open every day except Mondays, 12 noon to 3 p.m. Admission free. Tel. 21 51 08.

**Bergen Art Museum (G6).** The city's picture gallery possesses a fine collection of Norwegian paintings from the 19th and 20th centuries and a small collection of European sculpture and paintings.

The hours of admission are the same as those of the Museum of Art and Crafts (see above). During the summer the admission fee of N.cr.1 adults, N.cr.0.50 children also covers entry to the above Museum. The building that houses the Bergen Art Museum also houses the Fishery Museum – see below.

**The Fishery Museum (G6).** If fish, fishing, or the fishing industry interests you, then this museum is a "must". The cross-section it presents of Norwegian fisheries and their national foundation is especially instructive and well-planned and has served as a model for similar collections outside Norway. Same hours of admission as the Museum of Art and Crafts. Entrance fee.

**The Maritime Museum (H8).** A newly-opened museum that traces with its collection of intriguing exhibits the development of shipping from the Old Norse period up to the present day. Open 11 a.m. to 3 p.m. daily. Admission: N.cr.1 adults, N.cr.0.50 children.

**Den Nationale Scene (The National Theater – F6).** Built in 1794, the National Theater, one of Norway's oldest, offers a year-round repertoire of drama, opera and light entertainment,

climaxed every May by the Bergen Festival (see "Entertainment and night life"). The statues fronting the theater are tributes to Bjørnstjerne Bjørnson – one of the greatest names in Norwegian drama and poetry whose plays have often been performed here – and of Nordahl Grieg, famous poet of World War II.

**Bergen Aquarium, Nordnes Park** (A7). Peaceful Nordnes Park provides visitors with splendid views of the harbor and good sea-bathing. Within its precincts, close to the towering Institute of Marine Research, stands Bergen's famed Aquarium.

The Aquarium houses one of Europe's finest and most extensive collections of marine fauna with altogether 9 large tanks and 40 smaller ones. Open daily May 1 to September 30, 9 a.m. to 8 p.m. Admission: summer N.cr.6 adults, N.cr.3 children; winter N.cr.4 adults, N.cr.2 children.

The remaining part of the year open weekdays 10 a.m. to 6 p.m., Sundays 10 a.m. to 8 p.m. Admission fee.

**Mount Ulriken** (L1). Magnificent views of Bergen and suburbs, ocean and islands, fjord and mountains await visitors who take the cable car to 2,000-ft. (600 m)-high Mount Ulriken.

Take your fill of the scenery, get refreshments in the restaurant here, and then – if you can – turn your back on the glorious panoramas and travel this unspoiled moorland by foot or on skis, depending on the season, as far north as you wish. The cable car operates all year round. The single fare is N.cr.7. Children under 15 years half-price and under 5 years free.

**Old Bergen, Ellesro, Sandviken** (A2). Here visitors can wander a charming collection of wooden buildings characteristic of the beginning and middle of the 19th century – a miniature town complete with workshops, houses, streets, market-place and alleys. The buildings are open daily May 31 to September 15 with guided tours every hour from 9.20 a.m. to 7.20 p.m. Catch bus No. 9 or 10 from Torgalmenningen. Fare N.cr.4 adults, N.cr. 2 children.

The park and restaurant remain open until 11.30 p.m. Tel. 25 63 07.

**The Bergen University** (H7) precinct embodies the History Museum, Natural History Museum and the city's Botanical Museum and Gardens.

**History Museum** (H7). The Bergen Museum centralizes the cultural history of West Norway. Here visitors can browse rich collections from ancient and medieval times, new rural and urban culture, church art and ethnography.

**Natural History Museum** (H7), is situated in the Old Museum building. Interesting collections are assembled here from various corners of the world. Particularly intriguing are the only existing specimen of the now-extinct Lofoten horse, a giant octopus and large whale skeletons. Tel. 21 10 80.

## EXCURSION INTEREST POINTS

**Fantoft Stave Church, Paradis.** This triple-naved church, typical of the ornate wooden churches that populated the villages and settlements of Norway in the 12th and 13th centuries,

was restored and moved in 1883 from Fortun in the province of Sogn to its present site at Paradis. It is believed to have been built about 1150. You can see this sight on a conducted tour from Bergen. Alternatively, take the bus marked "Sædal" or "Paradis" from the Central Bus Station.

The church is open to viewers (entry fee N.cr.2) between 11 a.m. and 2 p.m. from May 15 to September 15 on Sundays, Tuesdays, Thursdays and Saturdays, and during July daily. Also open every afternoon May–September, from 4.30 to 6.30 p.m.

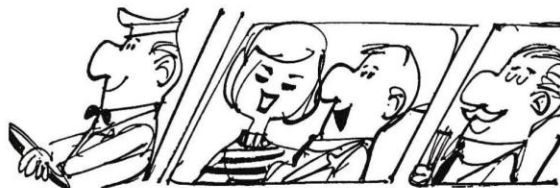
**Lyssekloster, Os.** Here in a verdant, sheltered valley 12 miles (20 km) south of Bergen, you can wander the ruins of Norway's first Cistercian monastery founded by Bishop Sigurd of Bergen in 1146. The monastery was built as a subsidiary foundation of Fountains Abbey, York, England. If you prefer to go "unconducted" then take the bus from the Central Bus Station.

**Troidhaugen, Hop.** Former home of Norwegian composer Edvard Grieg, this picturesque building is set amidst poetic surroundings beside the tranquil Nordås lake. Inside are many of the great composer's possessions preserved as in his lifetime, and close to the house stands his one-room garden study where he composed many of his fine works. Concerts and piano recitals are performed here throughout the summer beginning each May with the Bergen International Festival's special program of music. Admission charge.

Visitors can join the conducted tour or take the bus from the Central Bus Station. Admission fee.

**Fana Folklore.** One of the most fascinating tours out of Bergen is the special "Fana Folklore Tour". Coaches leave from Festplassen (G5) at 7 p.m. every Monday, Tuesday, Thursday and Friday, between May 20 and August 31, for the lovely Municipality of Fana . . . And "you are", as your charming host or hostess will tell you, "invited to a typical Country Wedding Banquet, just as it was in bygone days". The tour includes attendance at a church concert at Fana Church, traditional farmhouse fare, and a gay round of singing and dancing in which all are invited to participate. The whole tour costs N.cr.40. For fuller details ask at the Tourist Information Center.

**Folk Dance, "Gimle", 18 Kong Oscarsgate** (F4). The Country Youth Societies in Bergen arrange folk dances every Wednesday June 10–August 26. Price N.cr.15 including coffee and cakes. Tel. 23 23 20, 23 10 67.



## Transportation

Public transportation embraces buses and trolley-buses. Special tourist tickets, valid for 48 hours, can be purchased for N.cr.12 from the Tourist Information Office or at most hotels. In addition many bus services connect Bergen with the suburbs. All operate from the Central Bus Station at Strømgaten, near the lake, Store Lungegårdsvann.

Two of the mountain peaks are also linked to Bergen center by other means: Fløyen by funicular and Ulriken by cable car (see "Sights and excursions" for further information).

Taxi-stands are to be found at most central points, or you may order a taxi by telephone (21 50 30).

Ferries cross the harbor frequently and local ferry boats and steamers serve the nearby islands and coastal towns. Bergen is also the departure-point for coastal steamers to Hardanger, Sogn and northernmost Norway. The local SAS office can supply all information regarding timetables and fares.

## Shopping hours

Food stores open between 9 a.m. and 5 p.m., closing on Saturdays 2 p.m. Other shops open 8.30 a.m. and close at 4.30 p.m. (on Saturdays at 2 p.m.) with late night shopping on Thursdays. Between July and August 31 opening hours are 8.30 a.m. to 4 p.m. weekdays, 9 a.m. to 2 p.m. Saturdays. Centrally situated kiosks selling newspapers, tobacco, confectionery, etc., open 8 a.m. to 11 p.m. – Sundays and holidays 12 noon to 11 p.m.

## Shopping list

Most of the stores listed here are members of the Bergen Tourist Shops Association. Their seal of membership, reproduced here, is ready guarantee of quality merchandise.



Here are a few suggestions:

### Department stores

**A/S Sundt & Co.** (C6)  
14 Torgalmenning.

**Kløverhuset** (F5)  
13 Strandgaten.

**J. Berstad A/S** (E6)  
20 Strandgaten.

**Wallendahl & Søn A/S** (F5)  
17 Strandgaten/  
14 Strandkaaien.

### Handicrafts

**Husfliden** (G5)  
3 Vågsalmenning.

**Erling Krage A/S** (G6)  
11 Olav Kyrresgate.

**Høgis Pryd & Bruksgjenstander** (F6)  
2a Markeveien.

**Prydkunst** (F/G5)  
8 Torgalmenning.

### Knitwear

**Husfliden** (G5)  
3 Vågsalmenning.

**Kløverhuset** (F5)  
13 Strandgaten.

**A/S Sundt & Co.** (G6)  
14 Torgalmenning.

### Jewelry

**A. David-Andersen A/S** (G6)  
10 Torgalmenning.

**Gams-Haugstøen A/S** (F5)  
1 Torgalmenning.

**K. Hestenes A/S** (F5)  
6 Strandgaten.

**Safir A/S** (F5)  
1 Strandgaten.

**Magnus Aase** (F5)  
6 Strandkaaien.

### Pewter & Cutlery

**J. Berstad A/S** (E6)

20 Strandgaten.

**Peter M. Kolderup A/S** (D6)  
60 Strandgaten.

### Silver

**A. David-Andersen A/S** (G6)  
10 Torgalmenning.

**Gams-Haugstøen A/S** (F5)  
1 Torgalmenning.

**Theodor Olsens Eftf.** (F6)  
7 Ole Bulls Plass.

### Furs

**C. Brandt** (G6)  
10 Torgalmenning.

### Glass & Ceramics

**Knut Irgens & Co.** (F6)  
3 Markevei.

**Johan Thomsen A/S** (D6)  
64 Strandgaten.

## Entertainment and night life

Few cities serve as a more attractive stage for the enactment of Norway's cultural heritage. World-famed names like Edvard Grieg, Henrik Ibsen, Ole Bull and the city's 200-year-old Harmonien Orchestra all contribute to a season of performing arts that runs from September to the middle of June and closes with the renowned Bergen International Festival.

Among the prime venues of entertainment are:

**The National Theater** (F6). Oldest of Norway's theaters "Den Nationale Scene", as the Norwegians call it, one of the nation's most prominent theaters – providing a high-class repertory of drama, mostly in the Norwegian language.

**Concert Hall** (Konsertpaleet) (F7). Symphony concerts are performed by the world's leading orchestras – in particular by Bergen's own Harmonien, conducted for a while in the 1880s by Edvard Grieg.

**Troidhaugen.** The summer long, Grieg's home is a favored scene for open-air and indoor concerts and piano recitals rendered by guest artists and ensembles from all over the world.

**Byparken** (G6). Bergen's lovely City Park offers midday brass band concerts during the summer and, on certain public holidays and festive occasions, special entertainment is provided such as fairs and carnivals.

**Folklore.** All summer there is an engaging and colorful program of folk festivities including tours through the lovely district of Fana (see "Tours" section).

**Cinemas.** Bergen possesses 5 cinemas – Konsertpaleet (F7), Forum, Eldorado (G6), Ole Bull (F6) and Engen (F7). All non-Norwegian films, which constitute some 90% of the films shown, are in the original language with sub-titles in Norwegian. Performances generally start at 5, 7 and 9 p.m. For details of current programs consult Ole Bull central booking office, a local newspaper, or your hotel porter.

Check, too, the late-late performances – starting at 11.15 p.m. – at some cinemas.

**Dancing.** There are no night clubs in Bergen, but one can find with ease a cozy and fashionable spot in which to dine, wine and dance. Try for choice the Norge Dancing, The Garden Room at Norge Hotel (June–August), Bellevue, Fløyrestauranten, Bristol, Rosenkrantz, Excellent.

## Sports

Any stay in Bergen promises the ultimate in sporting opportunities. Swimmer, yachtsman, hiker, fisherman – each is adequately catered to – thanks to Nature's generosity and man's ingenuity. Glance below for the sport of your choice.

**Tennis:** The Bergen Tennis Club (tel. 29 91 67) has its courts at Årstad. Indoor tennis at Tennishallen, Ulriksdal (tel. 29 97 67). Both places can best be reached by trolley-bus No. 2.

**Golf:** Bergen's 9-hole course, open May 1 to October 31, is located at Åstveit, 5 miles north of Bergen. Bus from the central Bus Terminal drops you right outside the golf course. Tel. 25 40 07.

**Swimming:** You can bathe within the boundaries of Bergen at Elsesro (bus No. 9 to the Museum in Old Bergen); Helle-neset; and Nordnes Sea Baths near the Aquarium (C7). The Bergen Indoor Swimming Pool on Teatergaten (F7), largest indoor swimming baths in Norway, also offers specially heated salt-water pools, showers, thermal baths and a café.

**Sailing:** Yachtsmen need venture no further than the Bergen Sailing Club at Hjeltestad (tel. 27 65 45).

**Hiking:** Mountain hiking is very popular throughout Norway and the surrounding wooded hills of Bergen with their winding footpaths are picturesque and pleasant to explore. The Bergen Touring Club, 3 C. Sundts gate (tel. 21 46 46) arranges walking tours and can furnish information on tourist huts and mountain routes.

**Trotting:** Nesttun Trotting Course, 20 minutes by bus from the center, holds race meetings every Sunday from May to October. Facilities include a totalisator and restaurant.

**Rowing:** You can hire a row boat at the Bergen Rowing Club (tel. 26 97 47), the Fana Rowing Club (tel. 27 27 03), at Sandringham Restaurant, Hjeltestad, 40 minutes' drive from Bergen center or at Solstrand Hotel, Os.

**Fishing:** Several lakes and rivers in the Bergen district offer

excellent opportunities for brown trout fishing. There are also limited possibilities to fish for sea trout and salmon. For detailed information and fishing permits, contact the Secretary of the Bergen Angling Club (tel. 21 35 41).

Luxury motor cruisers can be hired for those interested in deep-sea fishing. Tel. 21 24 86 for further details.

## Religious edifices

**Lutheran Main Churches:** Domkirken (The Cathedral) (G4), Korskirken (Church of the Cross) (F4), Nykirken (The New Church) (D6), Johanneskirken (Church of St. John) (G7), Maria-kirken (St. Mary's Church) (D4).

**Roman Catholic:** St. Paul's Church (H6), Vår Frue Kirke (Church of Our Lady), Helleveien.

**Methodist:** Methodistkirke, Skottegaten (E7), Centralkirken, Vetrildsalmenning (F4).

## Special services

**Coming Events:** A list of Coming Events in Bergen is published weekly and is available at your hotel or from the Tourist Information Center at Torgalmenning (F5).

**Business and trade contacts:** If you desire to make business or trade contacts, the addresses of the following organizations may prove useful: Commerce (Bergens Handelsforening, club facilities and office, 11 Olav Kyrres gate (G6). Tel. 21 01 80.

Industry and Handicraft (Bergen Handværks og Industrieforening), office and club, 3 Veiten (F6). Tel. 21 80 40.

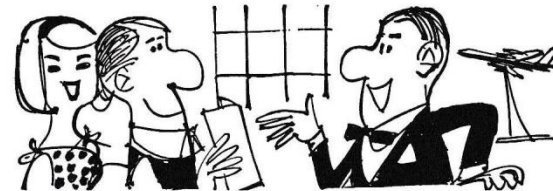
The Rotary Club, Bergen Handværks og Industrieforening Restaurant (F6) (meetings: Fridays, 7 p.m.).

**Baby-sitting services:** For competent baby-sitter apply to the Barnevaktcentralen, tel. 29 08 30.

**Guide service:** Authorized, qualified guides are available from the Tourist Information Center, Torgalmenning (F5) or from the Tourist Association, 1 Slottsgaten (D5).

**Illness:** In cases of illness contact First Aid Station, 1 Haakonsgaten, tel. 21 01 85. Basic fee of approximately N.cr.25 (excluding X-ray and plaster) for consultation. For use of travel insurance please contact the local agent of the insurance company, whose name is normally stated in your insurance policy.

**Emergencies:** Police, telephone 002; First Aid Station, 1 Haakonsgaten, tel. 003; Dental Service, 3 Lars Hillesgate, tel. 21 09 32 from 8 p.m. to 11 p.m.



# Stavanger

Stavanger is the southernmost gateway of the Fjord Country and in recent years has added the role of tourist center to its fishing, shipping and trading industries.

Located on the Byfjord, Stavanger is the county seat of Rogaland, the historic district from which Norway was made into one kingdom.

Founded in the 11th century, it was made a bishopric by Sigurd Jorsalfar but in 1682 the seat of the bishop was moved to Kristiansand – and did not return to Stavanger until 1924.

Today the town is a happy mixture of new and old – not a casual creation but carefully planned development with the charm of the old fishing village being retained as new buildings are erected.

Representing the past are the 12th-century cathedral, narrow vehicle-free cobbled lanes with wooden houses, picturesque open-air markets . . . while the present forges ahead with modern hotels, office blocks and hydrofoils linking Stavanger with the fjord area.

Stavanger is still the center of the Norwegian brisling sardine industry and the home of the famous King Oscar brisling sardines. The town also serves as a base for oil drillers working on the off-shore rigs in the North Sea, near the Norwegian coast – thus at the hotels you will find an international clientele, many of them engaged in the oil business!

Stavanger's claim to be the "golden key" to the Fjord Country is amply justified – in 45 minutes a modern combined passenger and car ferry takes you to Tau from where you can drive along the Ryfylkefjord, or you can sail with a similar ferry to Sand, Skudeneshavn or Hauge-sund from where there are road connections to Bergen via the Hardanger fjord or to Oslo. And during the summer there are daily fjord cruises leaving for Lysefjord and the awe-inspiring Pulpit Rock.

The fjord area, Haugesund and Bergen are also served by hydrofoils and speedy "Westamarans" (catamarans) from Stavanger.

## Your arrival in Stavanger

You land at Sola Airport (8 miles – 14 km from Stavanger) where SAS personnel will direct you to the arrival hall for passport and customs control. You should claim your baggage at the Baggage Center in the arrival hall. The bus-stop and taxi stand are just outside the airport building. A bus departs for the SAS Terminal in Stavanger after each flight arrival. The trip takes about 20 minutes and costs N.cr.5.50. Taxis will take you into town in only 15 minutes, the fare being approx. N.cr.30. If you are going to one of the beach hotels or to Sandnes, it is advisable to take a taxi direct from the airport. All hotels will also arrange pick-up at the airport on request.

If you have ordered a hired car for pick-up at the airport, contact the SAS Desk.

The Air Terminal is in the center of Stavanger, conveniently located for taxis, buses, trains and not far from the harbor – and near to most of the principal hotels.

If you are flying on from Stavanger, one of the first things to do is to reconfirm your onward reservation by contacting the SAS office (tel. 21 566) situated in St. Olavsgården, near the SAS Royal Atlantic Hotel.

## Hotels

Stavanger is a busy convention, business and vacation center, and it is advisable to make room reservations in advance. However, if you arrive unaccommodated a room will be found for you as Stavanger hotels have a unique system of cooperation. If one hotel is fully booked, the booking is immediately passed on to another hotel of the same standard or location.

### First class

**SAS Royal Atlantic** (I6)  
1 Jernbaneveien.  
Tel. 27 520.

**Eso Motor Hotel** (off map)  
181 Eiganesveien.  
Tel. 26 500.

**K.N.A. Hotel Ocean** (L4)  
61 Lagårdsveien.  
Tel. 29 512.

### Tourist class

**Victoria Hotel** (B7)  
1 Skanesgate. Tel. 20 526.

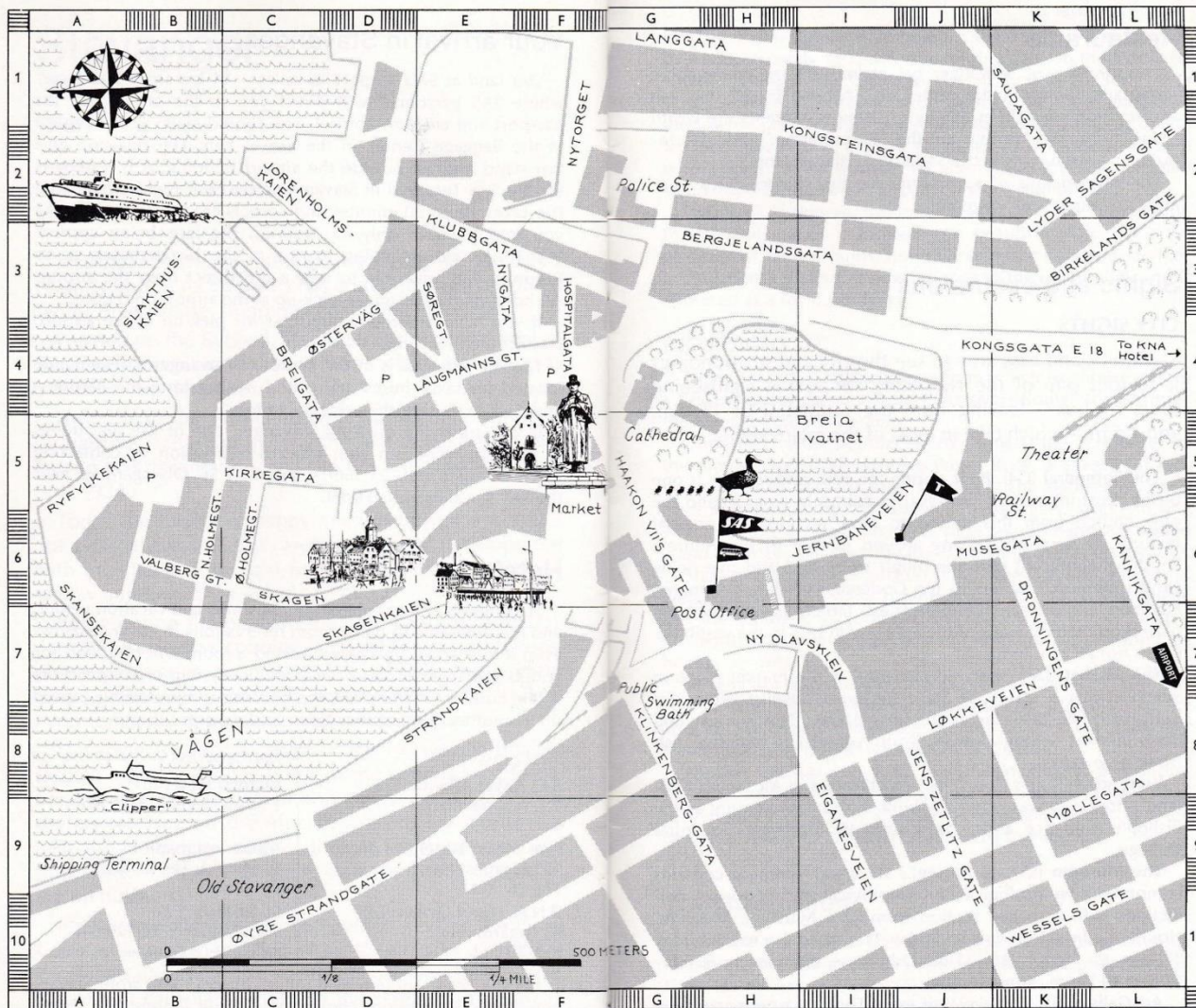
**Alstor** (off map)  
Tjensvold. Tel. 27 020.

**St. Svithun** (E2)  
3 Klubbegaten. Tel. 26 046.  
No alcoholic drinks served.

On the coast, some 6 to 8 miles (10 to 13 km) from Stavanger, there is a good choice of seaside hotels like Hotel Hummeren at Tananger (tel. 43 131), the Viste Strandhotel at Randaberg (tel. 40 206) while at Sandnes, there is the Hotel Sverre in the center of the town.

Prices for a single room with bath in a first class hotel cost between N.cr.130 and 163 and for a double with bath, between N.cr.150 and 245. In tourist class hotels, a single with bath costs between N.cr.100 and 130 and a double with bath between N.cr.170 and 190. These prices include the service charge, but do not include breakfast.

(cont'd on page 28)






Code numbers in the Stavanger section of this booklet refer to the above map.

Thus (H6) is located where lines drawn from "H" and "6" cross each other.

### Interesting sights in Stavanger

- (G4) The Cathedral.
- (F5) The Market.
- (G5) Kongsgård (King's Court).
- (L5) The Museum.
- (C6) Valbergårnet.
- (B/C10) Old Stavanger.

### Useful addresses

-  **SAS Ticket Office:**  
St. Olavsgården (H6). Tel. 21 566.  
Open hours: 8 a.m. to 4 p.m.
-  **Air Terminal:**  
St. Olavsgården (H6). Tel. 21 566.  
Open hours: 8 a.m. to 4 p.m.
-  **Tourist Information Office:**  
Jernbanevei (J6). Tel. 28 437, 27 254.  
Open hours: 8.30 a.m. to 9 p.m.

Distance from city center to airport: 9 miles (14 km).

## Restaurants

Despite its size, Stavanger has at least 10 recommendable restaurants. Being in the center of a fishing district, the fish and seafood specialities at any of these restaurants are worth trying. Of particular note are the "Restauration" and "Mortepumpen" restaurants in the SAS Royal Atlantic Hotel.

For more details of restaurants see the chapter "Entertainment and night life", page 30.

## Sights and excursions

### CITY SIGHTS

A quick and easy way to see the city and surroundings is to join one of the two daily conducted sightseeing tours by bus – leaving from the Cathedral at 11 a.m. and 4 p.m. – which take in most of the major sights.

**The Cathedral** (G4). Built during the 12th century, this is one of the most interesting medieval buildings in Norway and the only church from this period to have retained its original features. It is worth looking around if only to see Andrew Smith's magnificent baroque pulpit from 1658 and five richly carved memorial tablets to the Godtzen, Humble, Hiermann, Frantzøn and Tausan families. These tablets have now been placed on the end walls of the aisles, with one in the vestibule. Open from 9 a.m. to 6 p.m.

**The Market** (F6). Near the cathedral is the market place in which stands a statue of Stavanger-born novelist Alexander Kielland (1849–1906) facing the busy harbor. This is a gay and lively market selling flowers, fruit, vegetables and live fish from large tanks.

**Kongsgård** (King's Court) (H5). Mentioned in Alexander Kielland's novels, it was originally built in the 12th century as the Bishop's residence and is now used by Stavanger Cathedral College.

**The Museum** (L5), 16 Musegt., Stavanger Museum contains comprehensive zoological, archaeological and historical collections with a special section forming a Maritime Museum. Hours of admission Sunday–Friday 11 a.m. to 2 p.m., Saturday 11 a.m. to 1 p.m. (1/6–31/8). Otherwise open every Sunday 11 a.m. to 2 p.m. Admission fee.

**Art Gallery**, 33 Madlavei (off map) There is a permanent exhibition of works of famous Norwegian artists like L. Hertervig. Hours of admission from May to September (Monday to Friday 10 a.m. to 1 p.m.). Admission fee.

**Valbergårnet** (B6) This is an old fire-watching tower dating from 1800 which offers an excellent view of the harbor and the old town. **Vålandstårnet** is another good spot for a panoramic vista of the city from the south while **Ullandhaug** is certainly worth visiting for this telecommunication tower with a public platform provides a fine view over Stavanger, the

fjords and the farmland of Jæren. Ullandhaug is also the site of a farm, recently reconstructed, dating back to the Iron Age.

**Old Stavanger** (B/C10). Even if your time is limited, make sure you have a chance to stroll through the older quarter of the town – preserved by law – with its cobbled streets, quaint wooden houses and narrow alleyways. This is not a museum piece, but a "living district" for the houses are still occupied – and many of the buildings contain shops and offices.

**Ledaal**, 75 Eiganesvn. (off map). Dating from the last century, this elegant manor is located in a beautiful park. Once the property of the Kiellands, one of the most prominent families in Stavanger's history, it now belongs to the community and is also used as a royal residence.

### EXCURSIONS

There are plenty of excursions from which to choose – from a 3-hour fjord cruise to a 5-day "Discovery Route" tour through the Fjord Country to Bergen.

One of the most popular shorter trips is the "cruisette" to the famous Lysefjord with the Pulpit Rock, a sheer cliff face rising 1,800 ft. (600 m) from the fjord. The sightseeing boats have accommodation for about 80 passengers, large viewing windows, and a small sun deck. Light refreshments are served – and a hostess will describe the interesting details on the tour.

Another favorite excursion is to the fishing village of Tananger. There is a daily fishing trip by the 45 ft. Sea Queen and the fishing is so good that the captain offers "No catch – no cash!". Fishing equipment and oilskins are provided on board.

Or why not take the speedy hydrofoil or "Westamaran" service to any one of a variety of sightseeing attractions in the area of Stavanger? For further details contact the Stavanger Steamship Company, Ryfylkekaaien (tel. 20 020).

Another unusual trip is to the Ulstein Kloster, a well-preserved monastery on an island just outside Stavanger. Now fully restored it retains a monastic atmosphere and is often used as a center for cultural conferences and courses.

## Transportation

Taxis are available at the airport and the air terminal (H6). The fare from the airport to the terminal is approx. N.cr.30. There is a minimum charge for taxis of N.cr.5.

Stavanger, itself, is well served by buses and there is also a comprehensive bus service covering the surroundings.

If you prefer to drive yourself, car hire is available and can be booked in advance through your travel agent or SAS office with free pick-up/delivery at the airport.

Being an important gateway to the Fjord Country, Stavanger is the departure point for combined passenger and car ferries to the fjords, Skudeneshavn and Haugesund. During the summer season these points are also served by hydrofoil and "Westamaran".

## Shopping

Shops are open from 9 a.m. to 4 and 5 p.m., Saturdays 9 a.m. to 2 p.m. and Thursdays 9 a.m. to 7 p.m.

The important stores are all located around the downtown area.

### Handicrafts

**Husfliden** (E5)  
12 Skagen.

### Knitwear

**Husfliden** (E5)  
12 Skagen.  
**Oltedal A/S** (E3)  
3 Østervåg.  
**Rogaland Ullvarelag** (C4)  
16 Breigaten.

### Glass and ceramics

**Brødrene Pedersen A/S** (D5)  
6 Bredgaten.  
**Thomsens Glassmagasin** (D5)  
11 Breigaten.  
**Fritjof Løken** (E6)  
8-10 Skagen.

### Silver and gold

**The Silversmith on the Silverberg** (E4)  
5 Sølberggaten.  
**Per Warland** (G6)  
Romsøegården.  
**Leif W. Hansen & Co.** (D5)  
2 Prostebakken.

## Entertainment and night life

Though Stavanger has no night clubs, there are numerous restaurants offering music and dancing.

We list some of them below:

**Alstor Hotel** (off map)  
Tjensvold.

Speciality of the house - beef steak. Beautiful view over Lake Mosvannet, the fjords and mountains. Dancing every night. Also the *Hemsen bar* in a rustic style with intimate atmosphere.

**Blue Sky Cuisine** (D6)  
10 Skagenkaien.  
Chinese food.

**John H. Tandrevold** (E4)  
27 Sørengaten.  
**Lauritz Andersen** (E3)  
10 Kirkegaten.

### Department stores

**Wilberg** (F3)  
5 Klubbgaten.  
**Marnburg** (D3)  
7 Østervåg.

### Cutlery

**Isach Andreassen** (E4)  
Arneageren (Sørengaten).

### General gift articles

**Marnburg** (D3)  
5 Østervåg.

### Furs

**Hagevolds** (E6)  
15 Skagen.  
**Fritz Jensen** (D5)  
21 Ø. Holmeget.

### Toys

**Hustvedt & Co.** (D3)  
19 Østervåg.

**Viste Beach Hotel** (off map)  
Randaberg.

Good restaurant with adjoining intimate bar - view over Viste Beach.

**Esso Motel Hotel** (off map)  
181 Eiganesveien.

Skipper Worse Bar. Dancing and entertainment three nights per week. Cosy atmosphere. Grill room. Open grill, soft music, good food. Taverna - cafeteria-style restaurant.

**SAS Royal Atlantic Hotel** (I6)  
1 Jernbaneveien.

Five restaurants. The main dining room with dancing every night. Restauration Restaurant with an open grill and Mortepumpen, an outstanding fish restaurant plus Café Alexander and Pergola.

**Victoria Hotel** (B7)  
1 Skansegate.

Place Pigalle. Popular dance-restaurant with French specialities and a decor providing a Parisian touch. International bands. The Dining Room in Victorian style with pleasant lounges adjoining the restaurant. Occasional dances.

**Restaurant Ambassador** (E5)  
2 Kirkegaten.

**St. Svithun Hotel** (F3)  
3 Klubbgaten.

Pleasant restaurant in modern Norwegian design. Quiet atmosphere. No dancing. Cafeteria for lighter meals.

**Hummeren Hotel** (off map)  
Tananger.

Good restaurant with lobster as the speciality. You choose your lobster from a special "lobster park". Dancing three nights per week.

**K.N.A. Hotel** (L4)  
61 Lagårdsveien.

Ocean Restaurant with music and entertainment. Dance every night except Mondays. Grill Room. Elegant, sophisticated atmosphere with smart bar adjoining.

Other dance-restaurants include the Wine Cellar in Restaurant Korvetten (G6) and the Gazellen Restaurant (I4), near Lake Bredevannet, while there are several discotheques for the younger set.

If you prefer a more classical approach for your evening entertainment, contact the Tourist Information Office (tel. 28 437) for details about the Stavanger Symphony Orchestra which gives regular concerts in the Atlantic Hall.

If you have a knowledge of Norwegian, and are visiting Stavanger between September and June, you may be interested in seeing a performance at the Rogaland Repertory Theater (L5), 2 Kannikgaten (tel. 32 962).

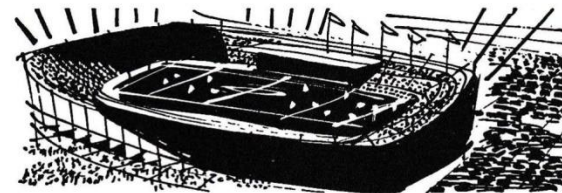
## Sports

**Golf:** There is an 18-hole course located near Lake Stokka, 3 miles (5 km) from Stavanger. Contact the Stavanger Golf Club (tel. 55 431) for details about temporary membership. Clubs are available for hire.

**Tennis:** There are several good courts at the Stavanger Stadium (off map). For more information contact Stavanger Tennis Club (tel. 25 888).

**Archery:** This is a popular sport in the Stavanger area with a training ground at Krossberget, near Lake Stokka. More details from Stavanger Archery Club (tel. 56 049).

**Trotting:** Races every Sunday at Forus Trotting Ground, 20 minutes from the Railway Station (by bus or train).





**Skiing:** Though Stavanger has very little snow during the winter, fine skiing terrain can be found – from January to April – about one to three hours' drive from the city.

**Skating:** The Stavanger Ice Hall is open from October 1 to May 1.

**Fishing:** There are good opportunities for trout and salmon fishing near Stavanger. For more details apply to the Tourist Information Office (tel. 28 437).

For details about deep-sea fishing facilities see "Excursions" (page 29).

## Religious edifices

**Lutheran:** Stavanger Cathedral (G4), Petri Church, Nytorget (E2), Johannes Church, 8 Høgsfjordgate (off map), Hetland Church, Vår Frues Plass.

**Roman Catholic:** Vår Frue Kirke, 8 Dronningensgate (K7).

**Methodist:** Methodistkirken, 7 Waisenhusgate (G1).

## Special services

If you need any special services such as baby-sitting, business contacts or require any other assistance, please apply to the staff of the Tourist Information Office (J6), who will be happy to help you.

# The Fjord Country

## Kristiansund

Kristiansund is literally colorful, with its buildings painted in gay diverse colors. It is built on three islands which are connected by bridges, but the little boats crossing the sound remain Kristiansund's popular "streetcars". A major exporter of dried fish and other products of the sea, the town is also an excellent starting point for deep-sea fishing, mountaineering and walking tours. Particularly interesting is a visit to the tiny fishing island of Grip with its weird shaped, strangely named rocks, its weather-beaten houses and small, tarred church.

## Molde

Molde, known as the "town of roses", lies snugly at the foot of surrounding hills, with a great view over the Romsdals Fjord. The Romsdal Museum which belongs among Norway's best parish museums, puts on folk dancing shows – and, by way of contrast, there is a popular annually staged Jazz Festival. Fishing and fjord trips are staple attractions, and not far away is the Marble Grotto with a 40 ft. subterranean waterfall.

## Ålesund

Ålesund is Norway's leading fishing center, with a large fleet operating between Baffin Islands and the Barents Sea. At the summit of Mount Aksla, rising from the center of town, there is a restaurant with a wonderful view. Also within the city limits is a bird rock with many rare species. Finds from Viking settlements are on display in the local museum. Three miles east of Ålesund lies the Medieval market town of Borgund, which includes amongst its attractions a stone church dating from the 13th century and a museum containing rich collections of fishery and medievalism.

## Haugesund

Haugesund – "born of the North Sea" – really makes you feel the presence of the ocean. Arching bridges – among them Karmsund, Norway's largest single-span bridge – jump the busy waterways, and you sense right away that fishing is big business in Haugesund. Nearby, the Haraldshaug National Monument stands on the grave of King Harold the Fairhair, who unified Norway more than 1,000 years ago.

## Hardanger Fjord

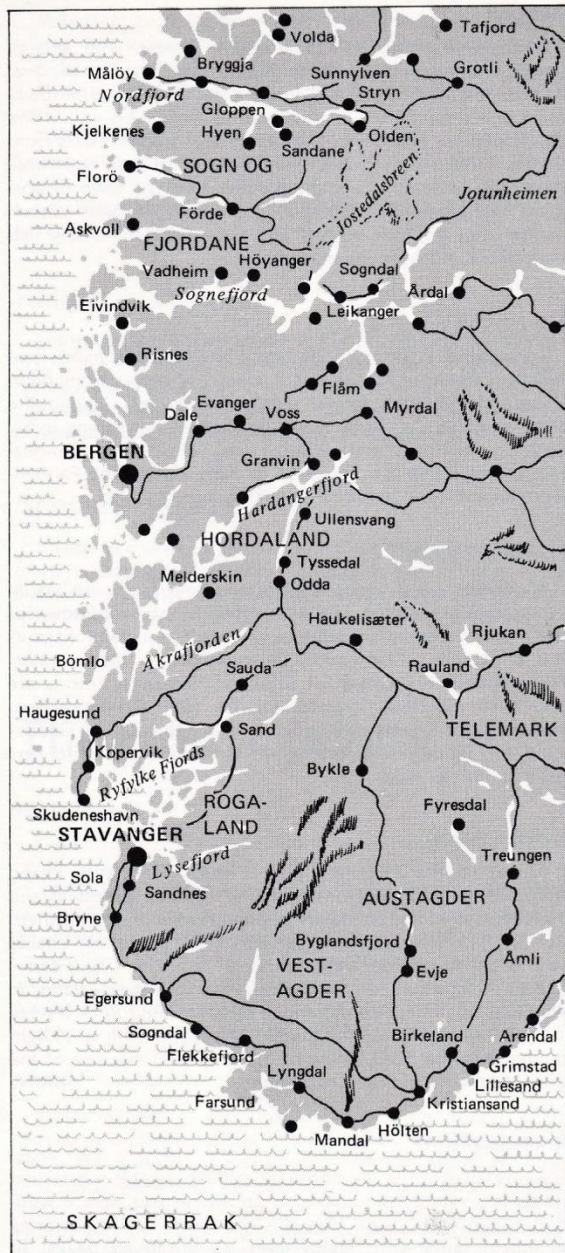
Hardanger Fjord valley is especially famous for its beauty in apple-blossom time, late May. Ulvik is the best known of the orchard-surrounded villages, as attractive in fall foliage as it is in spring. Near Eid Fjord is the grand 600 ft. (180 m) waterfall, Vøringsfoss. Among the principal Hardanger resorts are also Kinsarvik, Utne, Strandebarm, the twin villages of Norheimsund and Øystese which has a lake with goldfish, Godøy-sund, Os, Skånevik and Lofthus. At Odda is an industrial zinc manufacturing center.

## Ryfylke fjords

This is actually a whole system of fjords, penetrating inland from the wide Bokna Fjord, which separates Haugesund and Stavanger. Sand and Sauda are popular resorts on the northern Ryfylke fjords. Numerous excursions and "cruisettes" enable you to see the archipelago and fjords. South, at Lyse Fjord – like an exclamation point at the end of a fjord saga – stands in wild and magnificent isolation the famous Pulpit Rock (Prekestolen), an enormous, flat-topped formation with a straight plunge into the fjord below of 1,800 ft. (600 m), one of the great landmarks of the Fjord Country.

## Romsdals Fjord

Romsdals Fjord is the northernmost among the spectacular fjords in western Scandinavia. From Molde you have a wonderful, panoramic view over the wide fjord at the towering mountain range with eighty-seven snow-capped peaks. At



Rødven stands one of Norway's unique wooden "stave" churches from the 11th century. Åndalsnes, at the innermost end of the fjord, is a port-of-call for many cruise-ships and starting point for scenic excursions, one of them leading over the beguiling, hairpin "Troll Road" to Geiranger Fjord.

### Geiranger Fjord

Geiranger Fjord – actually a branch of the Stor Fjord – is considered by many to be Norway's most magnificent fjord. Down the precipitous mountain side tumbles and leaps the famous "Seven Sisters" waterfalls, and on the opposite side the Skagaflå farm perches like an eagle's nest 900 ft. (300 m) above the fjord. Geiranger, the small village that gave the fjord its name, is also the principal resort. The view from Dal-snibba mountain, 5,000 ft. (1,500 m) above the fjord, is particularly impressive. Should you wish to make an overland tour, the road continues via Grotti down to Stryn on the Nord Fjord.

### Nord Fjord

Nord Fjord is 55 miles (90 km) long. Just north of it lies the deepest lake in Europe, 1,700 ft. (500 m) deep. The most attractive resorts are Loen and Olden, closely followed by picturesque Sandane and Skei. Excursions are arranged to the Jostedalsglaciær – largest glacier in Europe, more than 60 miles (100 km) long and up to 1,650 ft. (500 m) thick. A helicopter flight to the top will earn you a "Glacier Certificate". Further inland lies the Jotunheimen ("Home of Giants") range, with peaks higher than 8,000 ft. (2,400 m). Both glacier and mountain range are also reached from the south by branches of the Sogne Fjord.

### Sogne Fjord

Sogne Fjord is the deepest (4,000 ft. – 1,200 m) and longest (110 miles – 175 km) of them all. The picturesque resorts include Balestrand, Fjærland, Sogndal, Marifjøra, Skjolden and Vik. At Kaupanger is a fascinating collection of old tools and boats, and a stave church from 1200. A stave church is also found at Borgund. At Turtagrø, courses are arranged in mountaineering and glacier climbing. At Flåm begins a most interesting railway line. It climbs in 45 minutes 2,800 ft. (850 m) to Myrdal on the Bergen line. Voss, an important summer and winter resort, may be reached by a winding mountain road from Sogne Fjord via Stalheim. And there is a railway to Granvin on the Hardanger Fjord.

*Edited by Mike Simon*

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